

Rescue group welcomes council's cat cash

ANIMAL WELFARE

\$50K 'a drop in the bucket, but it's a great start'



The operator of a local feral cat rescue group said a \$50,000 grant approved by Halifax regional council this week is a step in the right direction, but more needs to be done to help solve the region's feral cat problem.

"This grant is extremely important for the private rescue groups (because) we struggle to come up with \$100 here and there to do one cat at a time, so to have the funds handed to us on a platter like this is amazing," Sonya Higgins of Healing Animal SCARS said Thursday.

"We hope this might be \$50,000 annually and that once they see the effectiveness of this program they might allocate it for a couple more years. We think \$50,000 is just a drop in the bucket, but it's a great start."

The Nova Scotia SPCA and HRM Spay Day publicly thanked Halifax regional council Thursday for approving the \$50,000 grant to support the spaying and neutering of feral cats. A feral cat is one that has never had contact with humans and is the offspring of abandoned or unaltered freeroaming cats.

"A feral cat is not friendly, and is not a cat that can be adopted. Trap-Neuter-Return (TNR) is the humane and effective approach to controlling the cat overpopulation crisis," Elizabeth Murphy, CEO of the Nova Scotia SPCA, said in a news release Thursday.

The Nova Scotia SPCA said the grant will help local rescues groups, HRM Spay Day and their organization to tackle the cat overpopulation crisis through targeted spay and neuter efforts of feral cats.

Your Neighbourhood Seafood Store • Bringing Our Customers Quality, Service, Variety & Value Since 1948



Fresh Broken Haddock Fillets \$4.49lb Fresh Salmon Trimmings \$3.49lb

Cocktail Shrimp
Raw Pacific White Peeled
& Deveined - Tail On
Medium
31/40 cnt \$6.99lb

Fresh Atlantic Arriving Halibut Steaks
Sliced & \$15.99lb AM

Live Cull Snowcrab
May be missing legs or a claw
\$4.991b

Northern Novie Standard Oysters \$.79ea

Fresh

Silver Hake

\$4.99lb Fresh Trout I

Fresh Trout Fillets Skin-On \$3.991b

Live Red

Crab

Download "Reebee"

APP to sea our

Weekend Flyer
on Friday

Large Variety of Frozen

Sushi Products & Sushi

Related Supplies

Seafood packed for shipment and travel. Gift Cards & Party Trays Available

\$4.49lb Medium \$6.99lb \$4.99lb Whole \$2.99lb \$3.99lb & Condiments Trays Available

607 Bedford Hwy. 443-3474 • Mon-Sat 9am-6pm • Sun 11am-6pm • fishermansmarket.com • follow us on Facebook: FishermansHfxRetail



Charm Mom on Mother's Day SUNDAY, MAY 8TH



















MEWS

She's a refugee baby trying to get to Germany. Her name is Serbia Merkel. World



THINGS TO DO IN THE CITY THIS WEEKEND



From ice skating and great music to knee-slapping punchlines from big time comedians, there are plenty of activities to check out across Halifax.





The Wellness Expo brings all things health to the World Trade and Convention Centre this weekend with booths and presentations on cannabis as medicine and "how to boost your life-energy." Check out minimassages, local yoga and fitness studios, while learning new things about nutrition, meditation, reflexology, weight loss, acupuncture, crystals and essential oils. The expo runs 10 a.m. to 7 p.m. Saturday, and 10 a.m. to 5 p.m. Sunday. Tickets are \$10 for a day,

ALL PHOTOS METRO FILE

Starstruck

Some of the world's

best skaters of all-

time will perform at

the Scotiabank Centre for

Stars on Ice this Friday. See

Olympic silver medallists Patrick Chan, Kaetlyn

Osmond, and Elvis

Stojko, as well as gold

champions Tessa Virtue

and Scott Moir. Bronze medallist Joannie Rochette

will also appear in the show, alongside duo Meagan Duhamel and Eric Radford. Jeffrey Buttle,

Javier Fernández, Kaitlyn Weaver,

and Andrew Poje round out the lineup. The show begins at 7:30

> p.m., and tickets range from \$12 to \$120 at starsonice.ca

> > and ticketatlantic.com.



Symphony Nova Scotia presents Gustav Holst's The Planets at the Rebecca Cohn in a last hurrah before the summer break. From the driving rhythm of Mars to the mysticism of Neptune, the symphony says this is music on a massive scale that feels like a "no-holds-barred orchestral extravaganza." Look for a special Travel Through Music kiosk where users can choose musicians from across the country playing classical pieces. Shows are Saturday and Sunday, 7:30 p.m. Tickets are \$30 and up, or \$16 for those under 30.



Laughing it up

The annual Halifax ComedyFest began Wednesday and continues until Sunday with local favourites like Cathy Jones and Mark Critch of This Hour Has 22 Minutes, with Critch continuing his long-time hosting gig. Elvira Kurt, Tim Steeves, Chuck Byrn, John Sheehan, Julie Kim, and Bob Marley are just some of the names coming to town. The Spatz Theatre hosts the Gala of Laughs Friday at 7:30 p.m., and the finale on Saturday at 7:30 p.m. To see a full schedule of shows, comedians or purchase tickets, visit halifaxcomedyfest.ca.

Get out, get active

The YMCA of Greater Halifax/Dartmouth is opening their doors on Healthy Kids Day this Sunday for free to help families discover programs and see how fun and easy it is to become more active. The YMCA said according to their 2016 survey, more than 33 per cent of Canadian children aged 5-17 are overweight, and leading a healthy, active lifestyle should be a family priority. Check out the Community YMCA on Gottingen Street from 11 a.m. to 3 p.m. to try the facilities and see Blue Nose Marathon Mascot, Myles, in action.





'One life taken is one too many'

NATIONAL DAY OF MOURNING

Wife of worker killed on construction site speaks out



Sarah Rae For Metro | Halifax

On March 10, 2011, Kevin Dickson woke up, got dressed, kissed his wife, told her he loved her, and left for work.

He never got to go through

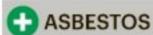
that routine again. Vicki Dickson, speaking Thursday at the National Day of Mourning ceremony at Province House, said she doesn't want anyone else going through what her husband experienced on that

fateful day.

He was killed working on a construction site near Timberlea, when a steel plate he was loading onto a truck broke free of a chain supporting it and collapsed a pole, which hit him in the head. It was the incorrect chain to use and the pole, made by the company he worked for, was found to have cracks and other faults that made it weak.

"Kevin was a man who didn't go anywhere on the job site without wearing his hard hat; he was a safety-conscious person," said Dickson.

"He nor any other employees were ever trained in the proper way of lifting or rigging. He was doing what he had always done," she said.



Unions call for ban on all asbestos products

Unions across Canada called for a ban on all asbestos products as part of this year's National Day of Mourning.

Danny Cavanagh, president of the Nova Scotia Federation of Labour, spoke at the local ceremony Thursday at Province House, and said exposure to asbestos causes more than 2,000 deaths per year.

He said although some advances have been made in eliminating the use of asbestos, such as the Canadian government's ban on its use in government projects, the overall import of products containing asbestos is on the rise.

"We call on all politicians to lobby and push the feds to work to implement a comprehensive ban on asbestos so we can all breathe easier," said Cavanagh.

Dickson stood in front of 27 Nova Scotia flags, one for each worker killed on the job in 2015.

Her husband's employer was fined \$75,000 for Dickson's death, which she compared to "a slap on the wrist" in relation to what happened to her husband.



Paulette Raymond lays a wreath for her brother Tommy Raymond on Thursday, during a ceremony at Province House for the National Day of Mourning. JEFF HARPER/METRO

"One illness to live with, one injury to endure or, most of all, one life taken, is one too many," she said, "but until employers are required to be more diligent in regards to safety, and fines are increased so much that they become a deterrent, or even a possibility of a jail term, these incidents will continue to happen."

Bill C-45, also known as the Westray Bill, enacted in 2004, made it possible to hold employers criminally responsible for workplace related injuries and deaths.

Danny Cavanagh, president of the Nova Scotia Federation of Labour, said at the ceremony the law isn't being used nearly enough, with only two charges laid under it.

"It's time for the negligent employers, directors and executives to be held criminally accountable for serious injuries and deaths of workers," he said.



Vicki Dickson speaks about her husband Kevin, who was killed at his workplace in March 2011. JEFF HARPER/METRO

IT'S AMAZING WHAT A **COOKIE CAN DO!**

Your purchase supports

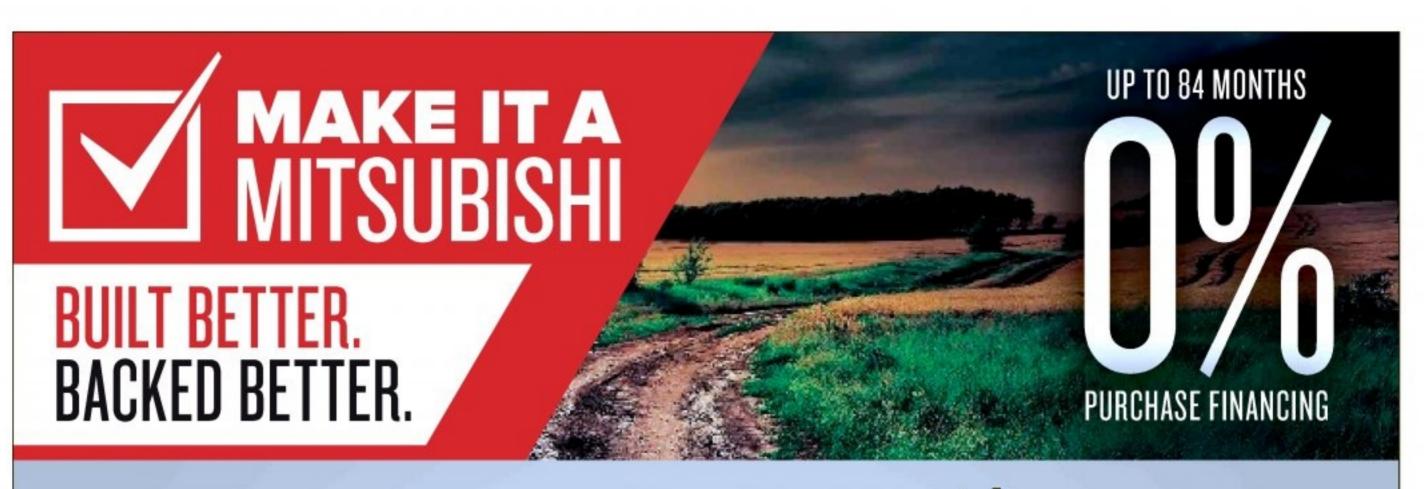
Big Fun! **New Adventures! Great Friends!**

Look for Girl Guide cookies being sold at various locations across the province.

For more info call 1-800-565-8111 or visit girlguides.ca









Available on RVR SE AWC, Limited Edition and GT models3

2015

RVR ES FWD RB 19,998

AVAILABLE FEATURES:

ALL-WHEEL CONTROL (AWC) WITH DRIVE MODE SELECTOR (2WD/4WD/4WD LOCK)

> BLUETOOTH® 2.0 HANDS-FREE INTERFACE WITH STREAMING AUDIO

> > HEATED FRONT SEATS







HURRY IN BEFORE THE 2015s ARE GONE!



RVR GT AWC model shown



MITSUBISHI

230 Wyse Rd Dartmouth, NS • 902-463-6792 www.metromitsubishi.ca



NOW PART OF THE STEELE AUTO GROUP



Steele **MITSUBISHI**

368I Kempt Road • Halifax, NS • 902-405-II77 www.steelemitsubishi.com

McNeil eager to crack into Curfew for deat China's 'limitless' middle song tee

ECONOMY

Premier wants more deals with second-biggest trade partner

Capitalizing on export opportunities represented by China's burgeoning middle class is one of the keys to growing Nova Scotia's economy, says Premier Stephen McNeil.

McNeil announced a new strategy Thursday aimed at increasing the province's access to the world's second largest economy.

He said there are no export or job targets included in what amounts to a broad expression of the province's intent to increase trade.

"I think the potential is lim-itless," said McNeil. "As we see the growth of the middle class in China there is a hunger for high-quality product and we have high quality product."

China is currently Nova Scotia's second largest trading partner after the U.S., with provincial exports totalling \$420 million in 2015.

That figure, however, lags well behind U.S. exports at \$3.75 billion, but is an increase of more than 50 per cent over 2014.

Seafood exports, particularly live lobster, have led the way, growing exponentially from \$14 million in 2009 to \$208 million in 2015.



Nova Scotia Premier Stephen McNeil and Luo Zhaohui, China's ambassador to Canada, chat at a luncheon in Halifax Thursday. ANDREW VAUGHAN/THE CANADIAN PRESS

The strategy puts the province's focus on its competitive strengths in areas such as seafood, education, IT and tourism. It identifies a need to strengthen relationships within the Chinese business community and to support Nova Scotia businesses which

already have access to China's market.

The province says it will also seek to generate more formal agreements similar to a memorandum of understanding signed with China's education ministry in 2007 and like



In China, there is a hunger for high-quality product.

Premier Stephen McNeil

\$208 million

Nova Scotia's revenue from seafood exports to China, primarily live lobster, have rocketed in the past six years from \$14 million in 2009 to \$208 million in 2015.

the recently signed ocean tech agreement between Dalhousie University and Shandong University.

Kevin Lynch, vice chairman of BMO Financial Group, said a concerted effort is needed by business and government to continue to push into the Chinese market.

"It's a lot easier to go as a broad-based business community," said Lynch. "I think this (strategy) is basically saying it's time for the whole business community to actually take on board China."

Lynch said China is open to new relationships and Nova Scotia is well poised to take advantage of that attitude.

McNeil believes one-onone meetings are important to open the way for provincial businesses to conclude future deals.

He said his office is planning another trip to China in early September. It would be McNeil's third trade mission to the country since being elected in 2013.

THE CANADIAN PRESS

for death song teen

A judge has loosened the release conditions for a Cape Breton teen charged with uttering death threats in a song he posted on social media.

Nelson Fletcher Rudderham was charged in late March after posting a song he wrote with a reference to a school shooting online.

A Port Hawkesbury provincial court judge ruled Wednesday that the 18-year-old student will be subject to a curfew instead of house arrest.

Under the new conditions, he must be at home between 11 p.m. and 6 a.m. and ask RCMP for permission to be out past his curfew for work.

Defence lawyer Kevin Patriquin says the revised conditions are better for his client, who pleaded not guilty to the charge last week and is due to begin a trial on Aug. 30. THE CANADIAN PRESS



IN BRIEF

Police investigate fire at Jackson's Point home

Police in Nova Scotia are investigating a house fire that left a 69-year-old man dead. Cumberland District RCMP were called to a cottage in Jackson's Point Thursday just after midnight. They say the building was fully engulfed in flames when police and firefighters arrived. A man from Jackson's Point was found dead inside.

THE CANADIAN PRESS





WEATHER BLUE SKIES AHEAD Massive clouds dwarf a pedestrian who walks up the side of Citadel Hill on Thursday. Clear, sunny skies are supposed to stick around for the rest of the weekend, according to Environment Canada. JEFF HARPER/METRO

Bluedrop awarded \$15M pact

Halifax tech firm designs software for Arctic ships

A Halifax-based company has been awarded a \$15-million contract to design software for the navy's Arctic offshore patrol ships.

Fleetway and Irving Shipbuilding awarded the contract to Bluedrop Training and Simulation under the national shipbuilding program.

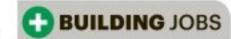
The patrol vessels are being built in Halifax and are the first ships to be built under the combat vessels package of the federal shipbuilding contract.

Bluedrop is a small Canadian-owned company that

has worked with the Armed Forces for more than three decades.

Jean-Claude Siew of Bluedrop says the company's virtual training and simulation centre is the only facility of its kind in Canada and will be used to provide the navy with training technologies for future sailors.

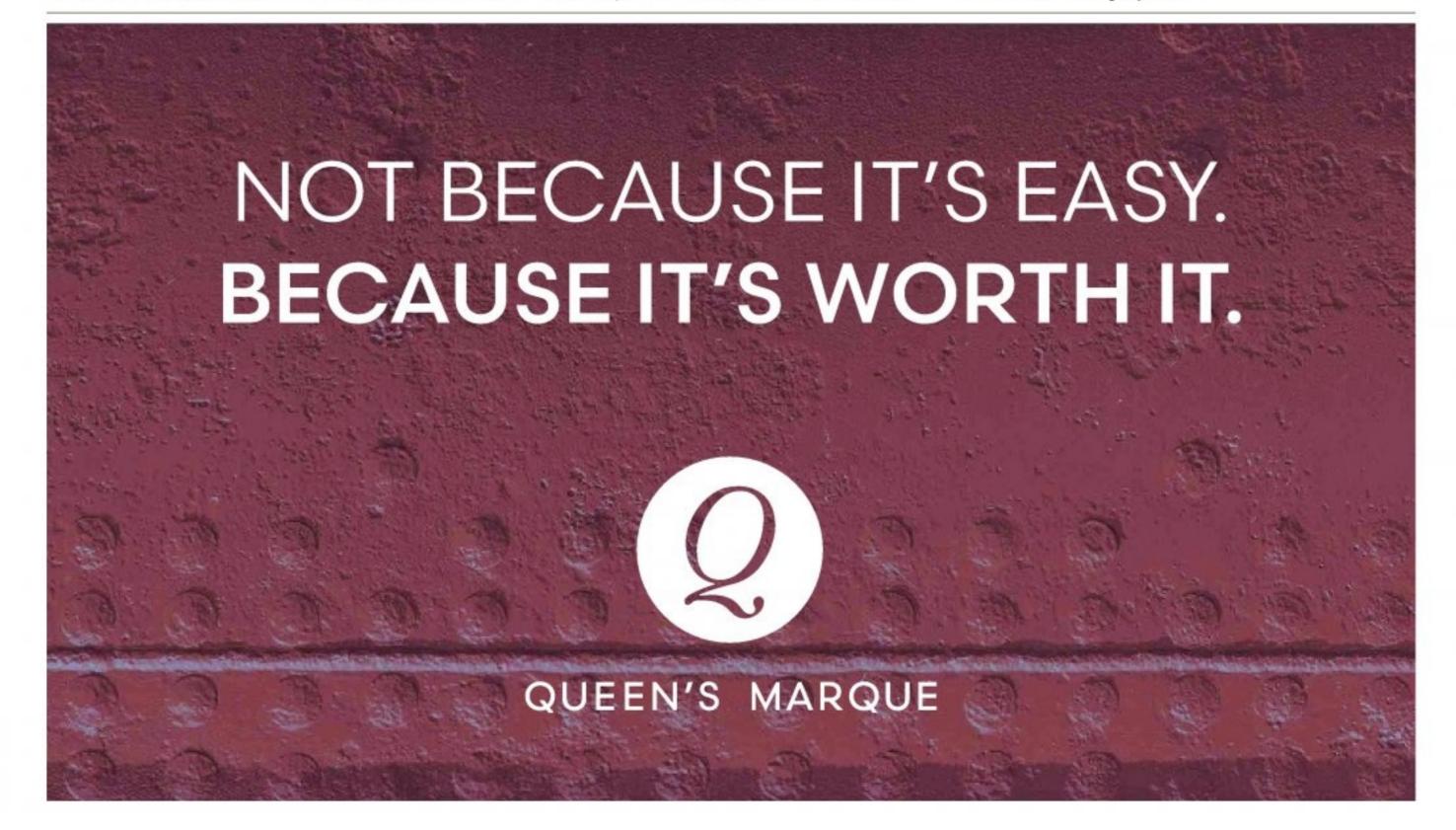
THE CANADIAN PRESS



25 working on contract

The company says it has 25 employees dedicated to work on the patrol ships project, including eight positions created as a direct result of the shipbuilding strategy contract.

THE CANADIAN PRESS



Henneberry seeks appointed lawyer

CRIME

One of Loretta Saunders' killers appeals conviction

The woman convicted of murdering Loretta Saunders is asking Nova Scotia's highest court to appoint a lawyer to handle her appeal.

Victoria Henneberry represented herself on Thursday in Nova Scotia's Court of Appeal.

Henneberry pleaded guilty in April 2015 to second-degree murder in the Halifax slaying of Saunders, a young Inuit woman from Labrador whose body was found on the side of a New Brunswick highway in February 2014. Her boyfriend, Blake Leggette, pleaded guilty to first-degree



Victoria Henneberry remains incarcerated at the Nova Institution for Women in Truro.

murder.

Henneberry was sentenced to life in prison with no eligibility for parole for 10 years, while Leggette was sentenced to a mandatory life sentence with no parole eligibility for 25 years.

Henneberry missed a 30day deadline to file an appeal of her conviction, but last July was allowed to file a late application.

Nova Scotia Legal Aid denied Henneberry's application for a lawyer.

On Thursday, Justice Elizabeth Van den Eynden reserved her decision on Henneberry's bid for courtappointed counsel.

In handwritten documents filed with the court, Henneberry says her conviction should be overturned and a new trial ordered on the grounds that she panicked when entering her plea.

mindset when I made my plea," Henneberry says in a notice of appeal dated June 25, 2015. "I was distraught, under a great deal of stress and panicked. I'm not guilty of the charge of second-



"I wasn't in the right Victoria Henneberry arrives at court for one of her first appearances more than two years ago. JEFF HARPER/METRO

degree murder."

She and Leggette entered their guilty pleas as their murder trial was starting on April 22, 2015.

Two statements of fact submitted to Nova Scotia Supreme Court say the couple was having "financial difficulties" soon after they moved

into a sublet room in Saunders' apartment, which they had found through a Kijiji ad in January 2014.

The documents say the two

I wasn't in the right mindset when I made my plea.

Victoria Henneberry

wanted to get out of Halifax, but give no indication why.

"Mr. Leggette planned to kill Ms. Saunders, take her car and leave the province," both statements say.

On Feb. 13, 2014, Saunders went to collect rent from the couple but they didn't have the money, and Henneberry lied when she said she had lost her bank card and needed to contact her bank, according to one of the statements.

Leggette then grabbed Saunders by the throat and choked her, but the young woman fought back, managing to tear through the three plastic bags he pulled over her head.

At one point, Leggette and Saunders fell down. He twice hit her head on the floor and she stopped moving.

THE CANADIAN PRESS

JOIN THE PLANNING & DEVELOPMENT TEAM FOR A FOCUSED WORKSHOP ABOUT THE CENTRE PLAN.

COME SHARE YOUR KNOWLEDGE **ABOUT NEIGHBOURHOODS** THROUGHOUT THE REGIONAL CENTRE.

WORKSHOP VENUES & DATES:

DARTMOUTH NORTH MONDAY, MAY 2 COMMUNITY CENTRE

MICMAC ROWING CLUB TUESDAY, MAY 3 ST. MARY'S BOAT CLUB THURSDAY, MAY 5 HALIFAX FORUM WEDNESDAY, MAY 11

THE WORKSHOP WILL RUN TWICE AT EACH LOCATION: ONCE FROM 1-3 P.M. AND AGAIN FROM 6-8 P.M.

GET HANDS ON AT CENTREPLAN. CA

PLANNING & DEVELOPMENT | HALIFAX

Bail review moves forward in Dalhousie murder case

The lawyer for a Dalhousie University medical student accused of murdering a fellow student is moving ahead with a bid to have his client released on bail.

Eugene Tan appeared in court Thursday to argue that a judge's decision last October to deny bail to William Sandeson, 23. should be the subject of a bail review hearing.

Tan says some information provided to the judge last fall was revealed to be "unreliable"

in a subsequent preliminary hearing.

The defence lawyer says he has filed a notice of his intention to seek a review, but he says the original judge must first hear arguments on the merit of such an application on May 10.

The accused was charged with first-degree murder on Aug. 20, four days after 22-year-old Taylor Samson was reported missing in Halifax. His body has yet to be found. THE CANADIAN PRESS



William Sandeson THE CANADIAN PRESS FILE

East Coast Guitar Fest 2016



& VALDY

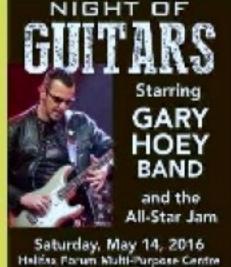
Thursday May 12, 2016 Spatz Theatre

Live & In Concert! GUITAR SHOW & SALE

- Under 19 Competition
- Live Perfomances
- Clinics and Workshops
- Guitar Museum



Saturday May 14, 2016 9am - 5pm Hallfax Forum Multi-Purpose Contro



Advanced Discount Tickets Available at www.guitarfest.ca

Dresses to wear with lots of pride

VOLUNTEERS

Glass Slipper project offers gowns as boost to self-esteem



Sarah For Metro | Halifax

Ampai Thammachak has 100 dresses in her basement right

She and four friends plan to give them away in two weeks to girls their age who may not be able to buy a dress for prom.

"For us, it's more than a prom dress. We want to help spread confidence and selfesteem with the dresses," she said Wednesday. "We're going to have little tags on them with inspirational quotes and stuff like that."

Thammachak and four other Grade 12 students at Charles P. Allen High School in Bedford - Stephanie Manuel, Anna Negulic, Lynda Ofume and Julia Thorne — get together at lunch time or after school at one of their houses to run their organization, Glass Slipper.

Glass Slipper has two dropoff locations, at the Halifax Central Library and Bedford Public Library, where people can leave dresses to donate until May 12 for the upcoming prom season.

Thammachak and her colleagues are happy with the variety, both in sizes and styles, of dresses they have so far.

"It makes us feel so good to know that we're actually



Visit Glass Slipper's website at http://theglassslipperhal.wix. com/glassslipperorg, follow the group on Twitter at @GlassSlipper_H and

check out the organization on Facebook.

helping people," said Negulic. "Prom is a big deal in high school," she said.

"I think everyone should enjoy it, and not having a prom dress - that shouldn't hold someone back."

Glass Slipper's big event is May 13 at the Halifax Central Library, and will feature music, food, and changing rooms.

"We want it to really be a holistic event that will help the girls know that everyone has each other's backs, and that's the whole underlying premise of Glass Slipper," said Thammachak.

If people who want dresses can't go to the event, they can still get a dress by contacting the organization through its website or social media.

The girls are moving on to universities in Halifax, Winnipeg and Kingston this year, so they plan on expanding the organization across the country.

And after the prom at Charles P. Allen, they'll all be donating their dresses for next year.



The Glass Slipper organization is accepting dress donations for this year's prom season at the Bedford Public Library and Halifax Central Library until May 12. FACEBOOK/CONTRIBUTED



IN BRIEF

Public input requested

The municipality wants to hear from more residents on its Centre Plan.

It's holding four two-hour workshops for input on "land use planning policies and regulations."

They are Monday at Dartmouth North Community Centre; Tuesday at the Mic Mac Rowing Club; Thursday at St. Mary's Boat Club; and then Wed. May 11 at the Halifax Forum. Each workshop will run twice a day, first at 1 p.m. then 6 p.m. ZANE WOODFORD/METRO

YOU'RE GOING TO **LOVE IT HERE!**



INTRODUCING MODERN LUXURY LIVING

Located in the heart of downtown Dartmouth, The Avery offers an array of lifestyle features. Never be more than a few minutes away from everything again.

Worry-free, Eco-friendly living • Rooftop Terrace with BBQ Kitchen Stunning Waterfront Views • Modern Fitness Room & Sauna Fully Furnished Common Room • From \$279,900

EXPLORE YOUR NEW LIFESTYLE

OPEN HOUSE • Mon-Fri 10-4 • Sat-Sun 1-4 Presentation Ctr • Belmont House (Main Level) • 33 Alderney Dr. Suite 160

> THEAVERY theavery.ca

MARGO WHITMAN, DIRECTOR OF SALES & MARKETING 902.223.3678 • margo@annapolisgroup.ca ANNAPOLIS

25 Alderney Drive • Dartmouth



A Celtic touch and Disney magic

ENTERTAINMENT

The Neptune Theatre reveals 2016-17 season



Haley Ryan Metro | Halifax

A Celtic thread from Ireland to the east coast runs through Neptune Theatre's upcoming season, with highlights of a holiday miracle and a tale as old as time.

The Halifax theatre's 2016-17 season kicks off with Disney's Beauty and the Beast this August, and includes the first regional performance of the Oscar-winning musical Once in Fountain

"There's a lot of variety, there's lots of choice for everybody, and some really interesting things I think," artistic director George Pothitos said after the season launch event Thursday.

Landing Once, based on the film starring Glen Hansard and Markéta Irglová about a Dublin street musician about to give up on his craft until a young woman takes notice of his beautifully haunting love songs, was "a big deal," Pothitos said.

The actors/musicians will bring their instruments on stage, Pothitos said, and the set is planned to be a working bar so the audience can tread the boards for a pint after hearing tunes like the Oscar-winning Falling Slowly in spring 2017.

The two-actor show Stones in His Pockets is also set in Ireland. where a Hollywood film crew turns a tiny town in County Kerry upside down in its attempts to capture the romanticized "Irish feel" of the place.

Next February will see The Colony of Unrequited Dreams, based on the novel by Wayne Johnston spanning five decades that's a retelling of Newfoundland's first premier Joseph R.



Karen Myatt and Jonathan Winsby sing a song from Once, part of Neptune Theatre's upcoming season. JEFF HARPER/METRO



What I do is emotional journeys. I wanted to give them a rollercoaster ride.

George Pothitos

Smallwood and includes the fictitious newspaper columnist Sheilagh Fielding.

A Cape Breton classic, Alistair MacLeod's short story The Boat, about a boy living in a small fishing village in the 1940s, comes to life next March on the Scotiabank Stage. Pothitos said he never set out to bring a Celtic theme to the season, but rather went after plays he liked and it turned out Once became a great way to finish the season.

"What I do is emotional jour-

ONCE:

UPCOMING SCHEDULE

Fountain Hall

Beauty and the Beast: Aug. 16-Oct. 9, 2016 Stones in His Pockets: Oct. 18-Nov. 6, 2016 Miracle on 34th Street: Nov. 22-Dec. 31, 2016 Kim's Convenience: Jan. 10-Feb. 5, 2017 Songs of the Silver Screen: Karen Myatt Feb. 9-12, 2017 Colony of Unrequited Dreams: Feb. 21-March 12,

Scotiabank Stage

Speed Dating for Sperm Donors: Sept. 20-Oct. 9, 2016 Small Things: Oct. 25-Nov. 13, 2016 Young Drunk Punk: Jan. 19-22, 2017 I, Claudia: Feb. 7-Feb. 19, 2017 The Songs of the Rat Pack, starring Geordie Brown: March 9-12 The Boat:

> Geordie Brown will be in The Songs of the Rat Pack, one of the theatre's bonus features. JEFF HARPER/METRO

give them a rollercoaster ride." Other highlights for the year

include Miracle on 34th Street

April 4-May 28, 2017

tain Hall.

March 21-April 9, 2017

Bonus features have Bruce McCulloch of Kids in the Hall

Young Drunk Punk to Halifax, Karen Myatt singing Songs of the Silver Screen, Songs of the

neys," Pothitos said."I wanted to and Kim's Convenience in Foun-bringing his one-man show, Rat Pack with Geordie Brown, and Sgt. Pepper with Hal Bruce and Rhapsody Quintet for Beatles fans.





Want to wake up each morning looking forward to the day? Welcome to your dream job... at MacPhee Ford!

Whether you live here or out west, if you're a Licensed Technician, this is your chance to work in Halifax for an award-winning independent dealer. Top technicians earn top wages, with plenty of hours, health plan, great benefit package, RRSP matching program and paid factory training. Ask about our signing bonus!

MacPhee Ford is hiring a crew of licensed technicians now! Send your resume to HR@MacPheeFord.com

World record within his grasp

HANDIWORK

Ex-wrestler aims to hold most ever pool balls in hand



Zane Woodford Metro | Halifax

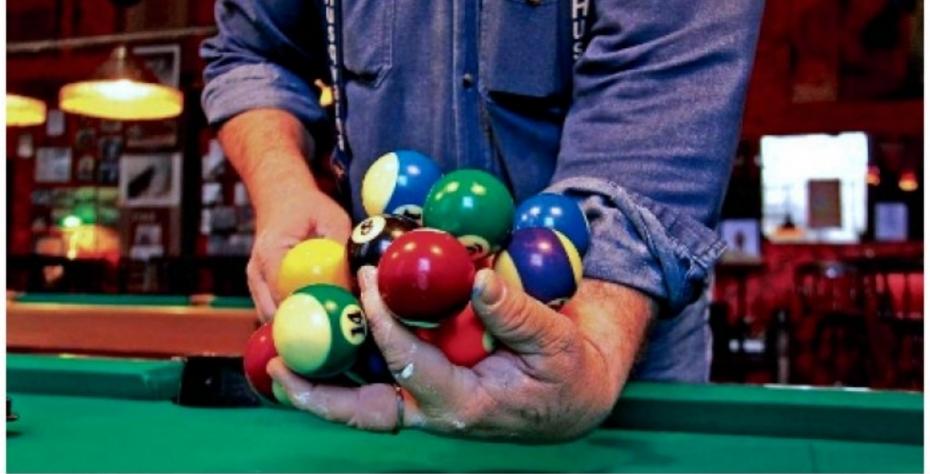
A Halifax man will attempt to set what he believes is a world record this weekend for the number of pool balls held in one hand.

On Saturday night, Leroy Brooks - better known by his professional-wrestling name, Sledge Hammer Spike — will attempt to hold a total of 18.

Brooks' first foray into billiard-ball gripping came as a simple challenge after a pool

"We got done playing in our (pool) league one night, and one of my buddies said to me, 'Sledge Hammer, how many of those balls could you put in your hand?' And I says, 'Oh f-, I don't know, probably all of them," Brooks said Thursday.

Everyone at the bar gath-



Leroy Brooks — better known by his professional wrestling name, Sledge Hammer Spike — holds 16 pool balls at Locas Billiards in downtown Halifax on Thursday, He'll attempt to go even bigger on Saturday, ZANE WOODFORD/METRO

ered around the table, he got all 15 pool balls in his hand and a friend added the cue ball on top to make an even 16.

He repeated that feat Wed-

nesday night at Locas Billiards in downtown Halifax, and someone noticed there was room for two more balls.

On Saturday night at Locas

at 7:30 p.m., he'll attempt to stack on two more balls to make 18, which Brooks is fairly certain would constitute a world record.

He hasn't been able to locate a phone number for Guinness to find out for sure, but he had a friend do some cursory research. She was unable

Number of pool balls Leroy Brooks will attempt to hold in one hand

to find any Guinness World Records related to the number of pool balls held, though she found records for the number of carrots or potatoes held in one hand.

"You can't go by that, because there's all different sized potatoes. They could've been just little potatoes," Brooks said. "But pool balls are all one size."

Metro's own research turned up "records" for 12 and 15 pool balls, but no online documentation of 16 - let alone 18 - balls in one hand.

Brooks will also break stacks of cinder blocks with his bare hands, showcasing how he got his nickname.

"My name is Sledge Hammer Spike. I used to be a professional wrestler. And I'm gonna use my sledgehammers to break these bricks."



Modern Lakeside Living is just minutes away

Custom Home Packages

Spacious Wooded Lots starting at

\$95k

Lakefront Lots starting at \$230k

Custom Designs by Professional Home Builders





Highgate

INDIGO SHORES

MCCABE LAKE

A vibrant, active lakefront community surrounded by lush natural landscape, Indigo Shores provides the sense that you are miles away from the hurried pace of the city, yet only minutes from Bedford and Halifax.

indigoshores.ca

902.422.1402



Christina Martin plays the Marigold Cultural Centre on Sunday with a four-piece band. JEFF HARPER/METRO

Musician embraces the 'tough topics' in songwriting

Christina Martin doesn't hide her struggles. Instead she puts them out there for others to

The Halifax-based singersongwriter uses her own experiences as influence for many of her songs, including those on her album It'll Be Alright.

"I've always tried to write about tough topics, to pull out those important messages and explore them in my songs," said Martin. "My own struggles, challenges. As a daughter, wife and friend, I realize relationships are so important, so I've tried to explore the hardship, pain and joy."

Martin will perform with a four-piece band at the Marigold Cultural Centre on April 30. Showtime is 7:30 p.m.

Having released It'll Be Alright in February 2015, Martin says her late brother is always with her, thanks to the track Reaching Out. He passed away after a struggle with addiction and mental health issues.

"Whenever I perform the song, he's alive with me on

the road and I realize how much of an influence he was on my life, even though I'm sure he wouldn't think he was. It doesn't mean I don't still feel great loss or tragedy, but it does keep him closer," she said.

With her latest album, the fifth, Martin said she often writes about her family, as many people are often deeply affected by things that happen early in life.

Her album has a pop-rock feel to it, with influences by the Eurythmics and Roy Orbison.

Martin said concertgoers will find more of an edge to the Marigold show, thanks to the band.

"The show has a nice, visceral sound with the band," she said.

"The Marigold is such a great venue. It's nice and intimate, with a big stage."

Tickets are \$23 and can be purchased at the Marigold box office on Prince Street, by calling 902-897-4004, or online at marigoldcentre.ca.

TC MEDIA



SUPPLIME COURT OF NOVA SCOTIA

Hfx No. 446448

PARADIGM QUEST INC, a body corporate GRANT THORNTON LIMITED in its capacity as Trustee in Bankruptcy for the estates of John Spencer Langor and Janice E. Langor and MARTIN JOSEPH BUTLER

NOTICE OF PUBLIC AUCTION

DEFENDANTS

PLAINTE

To be sold at Public Auction under an order for foreclosure, sale and possession, unless before the time of sale the amount due to the

plaintiff on the mortgage under foreclosure, plus costs to be taxed, are paid: Property: ALL that certain parcel of land known as 65 McAlpine Lane, Whites Lake, Halifax County, Nova Scotia, also known as PID

00377408 and more fully described in the mortgage registered at the Halifax County Land Registration Office as document number 100477893. The parcel has been registered pursuant to the Land Registration Act. The parcel is subject to an Easement/Right of Way (Benefit) registered at the Halifax County Land Registration Office in Book 5256 at Page 725 as Document No. 28105. A copy of the description of the property, as contained in the mortgage foreclosured, is on file at the Prothonotary's Office and may be inspected during business hours.

Date of Sale: May 2, 2016

Time of Sale: 9:00 o'clock in the Forencon.

Place of Sale: The Halifax Law Courts, 1815 Upper Water Street, Halifax, Nova Scotia

Ten per cent (10%) deposit payable to McInnes Cooper in trust by cash, certified cheque, or solicitor's trust cheque at the time of sale, remainder within fifteen days upon delivery of deed.

Signature Signed on the __

2015

BETWEEN:

day of March, 2016.

I. Andrew Rankin

1800-1801 Holis Street

Halfax, NS B3J 3N4 Telephone: 902-423-6361/Fax: 902-420-9326

11156-1066669/csrt

Stephen Kingston, Barrister and Solicitor





% FINANCING FOR UP TO 84 MONTHS

IN PRICE ADJUSTMENTS[®]

Dealer is reimbursed a holdback amount included in invoice price by the manufacturer for each vehicle sold.

CELEBRATE OUR VEHICLE HANK YOU

On all 2016 Elantra Sedan, Santa Fe Sport and Santa Fe XL models.

ENDS MAY 2ND .



GL AUTO INCLUDES:

- HEATED FRONT SEATS
- AIR CONDITIONING
- TRACTION CONTROL SYSTEM
- REMOTE KEYLESS ENTRY
- CRUISE CONTROL
- BLUETOOTH® HANDS-FREE PHONE SYSTEM
- 5-YEAR WARRANTY



FOR 84 MONTHS

WITH \$0 DOWN*

BONUS



ADVENTURE EDITION INCLUDES:

- 2-WAY REMOTE STARTER
- TRAILER HITCH KIT
- PREMIUM ALL-WEATHER FLOOR LINERS
- REAR BUMPER PROTECTOR
- PANORAMIC SUNROOF
- 5-YEAR WARRANTY

IN TOTAL CASH PRICE ADJUSTMENTS[®]



THANK YOU BONUSA ON OTHER SELECT 2015/2016 MODELS.



GLS Auto model shown *

L MANUAL INCLUDES:

- 4-WHEEL DISC BRAKES
- REAR SPOILER
- 60/40 SPLIT-FOLDING REAR SEATBACK
- 137 HP 1.6L GDI ENGINE
- 5-YEAR WARRANTY

FINANCE FOR ONLY

WEEKLY

FOR 84 MONTHS

WITH \$0 DOWN

IN PRICE ADJUSTMENTS[®]

YOURS FOR \$9,400[±]



2.0L FWD INCLUDES:

- 5" TOUCHSCREEN DISPLAY
- REARVIEW CAMERA
- BLUETOOTH® HANDS-FREE PHONE SYSTEM
- FRONT 3-STAGE HEATED SEATS
- PROJECTION HEADLIGHTS WITH LED ACCENTS
- 5-YEAR WARRANTY

LEASE FOR ONLY \$130 BIWEEKLY

THAT'S LIKE PAYING

WITH \$0 DOWN

INCLUDES

H-Factor

THIS IS HOW WE DO IT.

visit HyundaiCanada.com

5-year/100,000 km Comprehensive Limited Warranty**

5-year/100,000 km Powertrain Warranty

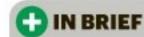
5 YEAR WARRANTY

5-year/100,000 km Emission Warranty

5-year/Unlimited km 24 Hour Roadside Assistance



8/PMThe Hyundai names, logos, product names, logos, product names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. All other trademarks owned by Hyundai Auto Canada Corp. All other trademarks are the property of their respective owners. *The outstorner prices are those reflected on the dealer invoice from Hyundai Auto Canada Corp. All other trademarks are the property of their respective owners. which the dealer is subsequently reimbursed by Hyundai Auto Canada Corp. &Bonus of \$750 available on select in-stock 2015/2016 Hyundai models only. Bonus is applicable may vary from dealer to dealer and from region to region. See your local Hyundai dealer for further details and applicable model inventory. 4Price of \$9,400 available on all new 2016 Accent 5-Door L. Manual models. Price excludes Delivery and Destination charge includes freight, PD.E. and a full tank of gas. OPrice adjustments of up to \$2,750/\$4, and cannot be assigned. No vehicle trade-in required, TFinance offers available 0.A.C. from Hyundai Finance off and Destination charges of \$1,596/\$1,696. Any registration, insurance, PPSA, fees, levies, charges, licence fees and all applicable C.A.C. from Hyundal Financial Services based on new 2016-Tucson 2.01. FWD models. Biweelily lease payment of \$130 for a 60-month walk-away lease. Down payment of \$130 for a 60-month walk-away lease. Down payment of \$130 for a 60-month walk-away lease. monthly payment required. Total lease obligation is \$16,900. Lease offer includes Delivery and Destination charge of \$1,796. Any registration, insurance, PPSA, fees, levies, charges, licence fees and all applicable taxes are excluded. \$0 security deposit on all models. 20,000 km allowance per year applies. Additional charge of \$1,796. Any registration, insurance, PPSA, fees, levies, and all applicable charges. Prices exclude registration, insurance, PPSA and licence fees, "0.410+0.00ffers available for all insited time and subject to change or cancellation without notice. Dealer may sell for less. Inventory is limited. Visit www.hyundaicaneda.com or see dealer for complete details. 11Hyundai's Comprehensive Limited Visit www.hyundaicaneda.com or see dealer for complete details.



Correction

In Thursday's Metro, the story "Nine letters to get you talking" on Page 8 had an improperly attributed pull quote.

The pull quote should be attributed to Tim Rissesco.

Metro apologizes for the



Drive-ins rolling back years

Interest in the Valley Drive-In Theatre continues to grow as new people learn about it.

"I think it's just that throwback to the old bygone era.... It gets the family together," says spokesman Kirk Longmire.

"We want people to unplug and relax and just watch the movie and spend some time together."

Money raised at the drive-in goes back into the community through projects supported

Wednesday

May 4th

by the Coldbrook and District Lions Club.

Local non-profit groups take turns hosting 50/50 fundraisers at the site each week and the screen can be rented for private functions.

"There was in excess of \$15,000 raised in 50/50s there last year from various groups," Longmire says.

Opening weekend is marked for May 6-8 this year, with the season expected to wrap the last

> Living your best

life.

Saturday

May 7th

This summer it looks like a good crop of movies (are) coming.

Kirk Longmire

weekend of October.

The movies for the first weekend had yet to be announced as of April 27. TO MEDIA



Const. Stephen Pinksen turned to the power of music after being injured on the job, releasing a song about RCMP officers killed in the line of duty, CONTRIBUTED

Officer turns to song after road injury

MUSIC

Recovery led to new tune for fallen Mounties

Const. Steve Pinksen's life was changed forever Sept. 20, 2014. During a traffic stop on High-way 232, better known as Wentworth Road in Windsor, he was severely injured when hit by a truck.

Almost two years later, the Newfoundland native is back at work with Yarmouth RCMP and regaining his independence, but the event had a major impact on his life, family and career.

Pinksen said a key part of his recovery has been the power of music.

"I had a lot of time on my hands when I was home recovering," Pinksen said. "So I started playing a guitar I owned, started fiddling around with it a little bit."

He attended the funeral service for the RCMP officers killed in Moncton in 2014. That experience inspired him to write a song about RCMP officers killed in the line of duty, The Honour Roll.

"My thoughts were very close to that, it was a soft spot for me and I just found myself thinking about fallen members and how their families must feel," Pinksen said. "My own family went through a lot, and thinking about how they must feel, words just started

coming to me."

"I played a tune over in my head a few times, but I just couldn't seem to finish the song and I put the (lyrics) up on a shelf in my closet and never gave it any more thought until a few months later," he said. "There was a another member killed in the line of duty in Alberta in January 2015 and I couldn't bring myself to watch it on the TV. At that point, I sat there, stared out my window and the words came. I finished the song."

He had only written one song before - about his grandfather — but that stayed amongst family and friends.

"It was something that I didn't plan on sharing with anybody, at first," he said. "It was something I did that made me feel better for whatever reason. I was having a really hard time with everything that happened and our family life just got turned upside down."

Pinksen said family and friends who heard the song encouraged him to record it and release it for others to hear. Pinksen contacted a recording studio and uploaded the song to YouTube, Facebook and iTunes.

Pretty soon, the song was being listened to all over the

"It's probably one of the most rewarding things I've done in my life.... It just means a lot that the song I wrote means so much to people," he said. TO MEDIA



Friday

May 6th

between 1 p.m. and 4 p.m.

and OPEN HOUSES on May 13th & 20th - 1-4 p.m.

Elegant five star dining | heated, indoor AquaFit pool | lounge and piano bar

spa and wellness clinic | onsite medical office | movie theatre | games room

fitness centre | wi-fi high speed internet

For more information or to arrange a personalized tour contact Mary Ann Bunker,

Lifestyle Consultant at 902 444 8900 or mbunker@shannex.com.

Parkland at the Lakes - Phase 2 · 122 Baker Drive, Dartmouth

ParklandRetirementLiving.com



2016 ACCENT L

- 4-WHEEL DISC BRAKES
- 60/40 SPLIT REAR SEAT
- 137 HP 1.6L GDI ENGINE
- 5-YEAR WARRANTY
- AND MORE

2016 ACCENT LE

- ACCENT L OPTIONS PLUS:
- AUTO TRANSMISSION
- AIR CONDITIONING
- REMOTE START AND MUCH MORE!

PER WEEK[†]

2016 ACCENT GL

PER WEEK[†]

- ACCENT LE OPTIONS PLUS:
- BLUETOOTH
- POWER WINDOWS
- HEATED SEATS
- CRUISE CONTROL & MORE

2016 HYUNDAI

PER WEEK[†]

ELANTRA GL

AUTOMATIC TRANSMISSION

POWER WINDOWS & LOCKS

HEATED FRONT SEATS

AIR CONDITIONING

 CRUISE & TILT BLUETOOTH



2016 HYUNDAI **\$0 DOWN SANTA FE** INCLUDES TAX, FREIGHT & FEES

2016 HYUNDAI TUCSON

\$0 DOWN INCLUDES TAX, FREIGHT & FEES

ALL NEW 2017 HYUNDAI

ELANTRA GL



3625 Kempt Rd, Halifax, NS Local: 902.982.3980 TollFree: 1877.720.7453 www.steelehyundai.com

YOU PAY THE **INVOICE PRICE!**



\$0 DOWN

INCLUDES TAX, FREIGHT & FEES

*Plus tax, freight & fees. Rebate to dealer. Based on Steele Financing. **Plus tax, freight & fees. † Payment is plus applicable taxes, freight & fees.

In search of faster internet

How fast is the Internet in your province? A new study by the Canadian Internet Registration Authority shows Internet speeds are typically much faster in Eastern Canada.



Luke Simcoe Metro Toronto

If you're looking for faster Internet in Canada, head east.

A report released Thursday by the Canadian Internet Registration Authority (CIRA) shows a marked disparity between the speed and quality of Internet access in eastern and western cities.

Boasting an average download speed of 22.3 megabits per second, Toronto topped the list, followed by Ottawa and Montreal. In contrast, Vancouver, Edmonton and Winnipeg all landed in the bottom half of the rankings.

CIRA president Byron Holland said it's difficult to pinpoint exactly why Toronto is a better place to Netflix-andchill than Edmonton, but he suspects the presence of Internet exchange points (IXPs) plays a role.

IXPs allow Internet service providers (ISPs) to connect with each other and major content

providers, like Google or Netflix, for example, to ensure faster connections between their networks. The country's largest IXP is located in Toronto, while those in cities like Calgary and Vancouver are just getting off the ground, Holland said.

"If you're in a city that doesn't have an IXP, then any Internet transactions you make, chances are they'll have to travel quite a distance before they get back to you," he said.

Rather than stoke western alienation, Holland hopes the results of the study will encourage residents in areas with poorer online performance to demand better from ISPs and the government.

Among the study's other findings was that Internet speeds in rural and northern Canada were 25 per cent slower than those in urban areas.

"It really demonstrates that people in rural communities are being left behind," said Fenwick McKelvey, a Concordia

University professor who studies Internet performance.

McKelvey said it's incumbent on the federal Liberals to create a national broadband policy to address disparities in Internet quality and access.

"Prime Minister Justin Tru-

deau loves to talk about quantum computing, but he hasn't spoken much about everyday computing," he said.

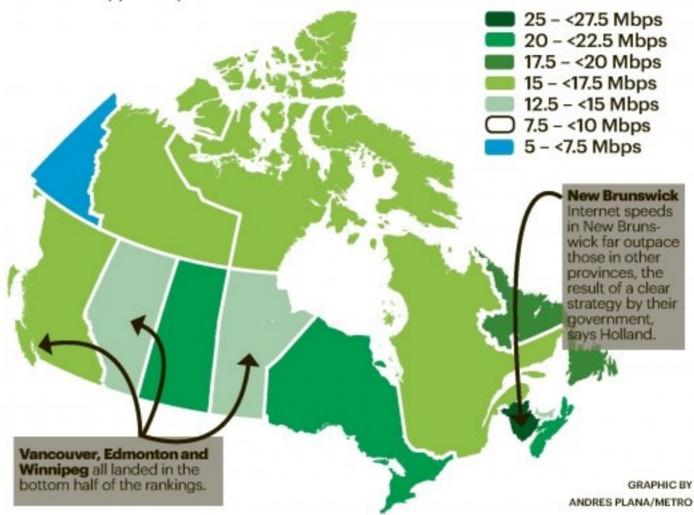
TECHNOLOGY

Are you living in the fast lane?

Which cities have the best Internet in Canada? CIRA has ranked them all, listed from first to last. Is your city featured here?



- Ottawa
- Montreal
- Fredericton
- Saint John
- Quebec City London
- St John's
- Mississauga
- Brampton
- Calgary
- Hamilton Halifax
- Markham
- Gatineau
- Longueuil
- Burnaby
- Charlottetown
- Vancouver
- Victoria Edmonton
- Surrey
- Whitehorse
- Winnipeg
- Regina





INCLUSIVENESS

Library's new code of conduct could be discriminatory: Group



People look at books at a public library in Kingston Ont. Thursday. The library has a new code of conduct, which critics say isn't inclusive for everyone. THE CANADIAN PRESS

A new code of conduct that warns foul-smelling patrons or those "lingering aimlessly" won't be tolerated at the Kingston, Ont., public library may not stand.

A group called Libraries are for Everyone says that while the new rules don't explicitly bar homeless or poor people from using the library, they will have that effect.

Group spokeswoman Nancy Jones says a motion to defer implementation on the code

SUNDAY

(May 1st)

and invite public consultation was passed Wednesday evening at a meeting of the Kingston Frontenac Public Library board.

Libraries are for Everyone says the guidelines "may do more to stigmatize and marginalize some of the most vulnerable library patrons."

The library board has defended the policy, which came to the public's attention a few weeks ago.

The board is reaching out to shelters, police and mental

health support to ensure that patrons whose needs exceed library services are directed to the appropriate organization, the statement says.

But Libraries are for Everyone says excluding people won't help.

Among the new guidelines is a note that "offensive body odour and/or offensive clothing/ bag odour will not be tolerated," and that patrons must "limit the belongings" they bring inside.

"Loitering or sleeping is not

permitted on library premises. Loitering is defined as sitting or standing idly about; lingering aimlessly without using library services, regular and/or prolonged attendance at the library without using library services."

Libraries are for Everyone says those references, in particular, "could discriminate against shelter users and other people in precarious housing situations or suffering mental ill health." THE CANADIAN PRESS

Must Be

Sold by Sunday

Payments

bi-wkly

Shelters at capacity

The number of

to turn away

shelters that had

Women being turned away due to space crunch

A new report says women are crossing provincial borders to escape domestic violence - and many are being turned away from shelters that are full or overcrowded.

The third annual Shelter Voices survey from the Canadian Network of Women's Shelters and Transition Houses says eight

of 10 shelters in the country have taken in a woman from a neighbouring province in the last year.

Those women will often go to another province for help to put as much geographical distance as

possible between themselves and an abusive partner or sometimes to be closer to family. They may then have to go to a shelter because relatives don't have space or resources to take them in.

Many find it difficult to find a spot in shelters, some of which are running at or over capacity.

The report says that on one day last year, 234 shelters had to turn away 305 women and children - almost three-quarters of the women and children seeking shelter that day - because there was no space.

"The number of women being turned away is way beyond acceptable," said Lise Martin, the network's executive director.

Martin said the findings reinforce the need for a national action plan on violence against women to ensure there are comparable levels of service across provinces and territories.

Statistics Canada's most recent report on domestic violence shelters found there were 12,058 spaces in 2014, up about five per cent from the

> 11,461 available in 2010. Promised federal spending in the sector would likely double that expansion rate in two years.

The federal budget promised \$89.9 million over two years to create or renovate

3,000 spaces. If half the money went to new spaces, it would mean two new shelters for every province.

The money will move through provinces and territories under yet-to-be signed agreements with the Canada Mortgage and Housing Corp., which already oversees a shelter improvement fund targeting on-reserve services.

THE CANADIAN PRESS

ATTENTION PUBLIC OF NOVA SCOTIA THIS IS YOUR ONLY NOTICE Guaranteed All Vehicles Approval or receive \$500 Cash **391 WINDMILL RD** has been chosen \$4.1 million dollars in credit available for this 1 time event as the location No payments for 6 months \$1500 DOLLARS CASH BACK to liquidate hundreds Credit Specialist on site to guarantee your financing of vehicles to the public All trades accepted! THEY WILL EVEN PAY OFF YOUR EXISTING CAR LOAN **NOW UNTIL** Pick your car/ pick your payment- drive your new vehicle home

**** ALL VEHICLES MUST BE SOLD **** ALL REMAINING VEHICLES WILL BE DISPOSED AT DEALER AUCTION NEXT DAY

MAX 2 cars per household
 All vehicles sold at wholesale prices

No car dealers permitted please
 INTEREST RATES AS LOW AS 2.99%

We guarantee you the lowest possible interest rate your credit can qualify for!

Good credit/bad credit/no credit/collections/bankruptcies/divorce/ double bankruptcies/ previous repossession. Credit is not a problem.

EVERYONE'S APPROVED!!!

(If your credit is not approved they will give you \$500 dollars cash! *Must meet income requirements)

APPLY NOW at www.autoapprovedcanada.com

OR CALL 1-844-830-LOAN (5626)



IN BRIEF

A sticky situation

Quebec beekeeper Jean-Marc Labonte said on Thursday that he's in a sticky situation after thieves buzzed off with about five million of his bees. The bees and hives are worth about \$200,000, he said. As of Thursday no arrests have been made. THE CANADIAN PRESS

A girl's best friends

An Alberta girl who got lost in the bush says her dogs kept her warm during the chilly night. Sgt. Barry LaRocque says police searched all night, and this morning the girl, along with three larger dogs, emerged form a bush a few kilometres from home. THE CANADIAN PRESS

Climate refugees a reality: U.S. secretary

ENVIRONMENT

Meeting with minister opens dialogue about Arctic's future

Federal Environment Minister Catherine McKenna says the key to dealing with climate change in the Arctic is to have "real conversations" with the Inuit peoples who live there.

But Sally Jewell, the U.S. secretary of the interior, has a much blunter assessment, arguing climate impacts are already underway, can't be turned around and that moving some Arctic communities may be the only solution.

"We will have climate refugees," Jewell said Thursday after meeting McKenna at the Museum of History across the Ottawa River from Parliament Hill.

National parks, migratory species, climate change and Arctic adaptation — and an urban hike in the spring sunshine — were on their agenda.

They also met Natan Obed, the president of Inuit Tapiriit Kanatami, who has become a go-to sounding board for the new Liberal government on the matter of climate adaptation and mitigation in the Far North.

McKenna, not quite six months into her job leading the environment ministry in the climate-focused Trudeau government, was her usual cautious self in describing the daunting challenges of climate change in the fast-warming



From left, in centre: Catherine McKenna, Minister of Environment and Climate Change, Sally Jewell, U.S. Secretary of the Interior and U.S. Ambassador to Canada Bruce Heyman walk across the Alexandra Bridge in Ottawa Thursday. SEAN KILPATRICK/THE CANADIAN PRESS

Arctic. She stressed the importance of co-operation and dialogue when asked to name the single most important measure government can take to address climate change in the region.

Jewell, who has only months left in her post before the Obama administration is replaced, was far less circumspect.

"We need to provide support for adaptation and build communities that are resilient in the face of what's happening in the Arctic," the secretary said flatly. "You're not going to be able to turn this around."

"We can stem the increase in temperature, we can stem some of the effects, perhaps, if we act on climate as we are committed to do through the Paris accords. But the changes are underway and they are very rapid. We will have climate refugees."

On average, Canada has warmed more than 1.3 degrees Celsius since 1948, according to Environment Canada. Parts of the Arctic have warmed at more than twice that rate.

The impact has been little short of disastrous. Melting permafrost is affecting the integrity of buildings and roads. Storms are clawing away shorelines in the absence of stabilizing sea ice.

"We have to figure out how to deal with potentially relocating villages, or supporting communities in their adaptation and in building resilience within those communities to a changed reality," Jewell said. THE CANADIAN PRESS



We have to figure out how to deal with potentially relocating villages.

Sally Jewell, U.S. secretary of the interior

Two teens kidnapped, beaten

Two Toronto teenagers allegedly caught up in one of the city's gang wars were kidnapped, beaten, forced to play Russian roulette and sexually assaulted over two harrowing days, police said Thursday.

A Canada-wide warrant has been issued for two of the people alleged to be behind the violent abductions as police try to prevent the conflict from escalating.

Toronto police Staff Insp. Mike Earl said the kidnapping took place hours after members of one gang tried to crash a party held by one of their rivals.

Earl said the event that led to

the kidnappings was an April 18 party held by members of the Young Buck Killers in a downtown condo they rented through Airbnb.

Members of the Queen's Drag Crips allegedly tried to crash the festivities, leading to an armed standoff in the hallway outside the condo.

The next day, Earl alleges two 17-year-old members of the Crips were summoned to a home by members of the Young Buck Killers.

What followed there was an ordeal for the teens that Earl said continued over the next 48 hours.

"The two 17-year-old youths were tied to a chair and beaten," he said. "During their beating they were forced to play Russian roulette with a loaded handgun. A shot was fired in the premises."

The teens were released on April 21 after family members agreed to ransom demands made by the alleged abductors. Earl did not say how much money changed hands.

Despite several arrests since April 23, Earl said police are still seeking a 23-year-old man and 17-year-old boy on a nationwide warrant. THE CANADIAN PRESS







CHEVROLET | BUICK GMC | CADILLAC

2477 ROBIE STREET 902-422-8551 | OREGANSONROBIE.COM

*Lease options are 20,000 km per year. 2016 Equinox cash purchase price is freight, fees and taxes. Lease payments include freight, plus HST. Payment offers on approved credit only. Visit O'Regan's on Robie for complete details.

Philippines may be facing Daesh threat

TERRORISM

Abu Sayyaf raising fears among many

Months before Abu Sayyaf militants beheaded retired Canadian mining executive John Ridsdel in the tropical jungles of the southern Philippines, they showed him pleading for life in a video with three other hostages that demanded a record-high ransom.

The scene was all too familiar in a Southeast Asian nation that has struggled with ransom kidnappings by Daesh for years, except for two things.

In the video that appeared in November, two black flags with Daesh symbols were displayed by the heavily armed Abu Sayyaf fighters in the backdrop of lush foliage. Then after a deadline for ransom lapsed on Monday, they killed the 68-year-old Ridsdel instead of waiting patiently for the money as the mostly impoverished rural fighters have done in the past.

Shocked by the outcome, many in the largest Roman Catholic nation in Asia are asking if this is the same band of militants the government has long dismissed as ransom-seeking bandits. Or has the Philippines fallen into a growing list of countries that are now grappling with the spread of influence from Daesh in Syria and Iraq?

The Philippine government has insisted Daesh still has no presence in the country's south, homeland of minority Muslims who rose up to seek a separate state in the early 1970s.

In his first remarks following Ridsdel's killing, President Benigno Aquino III, whose term ends in two months, gave a history of the Abu Sayyaf's brutal attacks, describing it as a group

A major offensive is believed to have killed about 14 Abu

Sayyaf militants in southern Sulu province this week, the military said.

"Even as it poses as a group of Islamic freedom fighters, the Abu Sayyaf has behaved as criminals focused on enriching themselves by taking hostages for ransom," Aquino said, describing them as opportunists who want to "align themselves with (Daesh) to gain access to the funds and resources of (Daesh)."

Terrorism experts, however, believe that a key Abu Sayyaf faction and at least two other small armed groups have gone beyond pledging allegiance to the Middle East-based jihadis on video and have struck a new alliance under the Daesh flag.

In November, Abu Sayyaf beheaded a Malaysian hostage despite ongoing ransom negotiations. It happened while Manila was hosting an Asia-Pacific Economic Cooperation summit attended by world leaders.

THE ASSOCIATED PRESS





Republican presidential candidate Donald Trump's claims that Hillary Clinton is playing "the woman's card" is drawing intense backlash on social media. THE ASSOCIATED PRESS

U.S. ELECTION

Donald Trump mocked over 'woman's card' comment

Republican presidential candidate Donald Trump's claim that Hillary Clinton is playing "the woman's card" has drawn intense backlash, from the Democratic front-runner herself as well as tens of thousands of critics on social media.

"If fighting for women's health care and paid family leave and equal pay is playing the 'woman card,' then deal me in," Clinton said in Philadelphia as she celebrated wins in four out of five of Tuesday's Democratic primaries.

Trump had levelled the

"woman's card" accusation Tuesday after his own five-state primary sweep.

"She's playing that card like I've never seen anyone play it before," Trump said on NBC's "Today" Thursday. "All I'm doing is bringing out the obvious, that without the woman's card, Hillary would not even be a viable person to even run for a city council position."

Trump's remarks prompted social media hashtags like #dealmein and #womancard, the latter ranking among the top 10 global

trending topics on Twitter Wednesday, with more than 45,000 tweets by late afternoon.

Voters also circulated video of Mary Pat Christie, the wife of Trump backer and New Jersey Gov. Chris Christie, who stood behind Trump during his victory speech Tuesday and looked as though she was rolling her eyes as he made those comments.

The exchange highlights Trump's perilous standing among female voters who could help propel Clinton to the White House. THE ASSOCIATED PRESS



Hot Flashes and Night Sweats?

Dr. Marita Schauch BSc ND

Did you know that 80% of women experience night sweats in menopause? If you are finding yourself in the middle of menopause misery you are not alone. Menopause represents a natural but major transition period in the lives of most women. The average age of menopause is 51 with most women entering menopause between the ages of 45 and 55. During this time the body is adjusting to fluctuating hormone levels. Various signs of menopause include: irregular or absent menstrual periods, hot flashes/flushes or night sweats, mood swings, insomnia, depression, urinary problems and loss of libido. A woman's risk of heart disease and osteoporosis are also increased during menopause.

I recommend MenoSense® with black cohosh, chasteberry, gamma orzanol, hesperidin and dong quai to help balance fluctuating hormone levels and ease the transition through menopause. MenoSense reduces hot flashes, night sweats and other symptoms associated with menopause. In addition I recommend eating a healthy diet rich in cruciferous vegetables, increasing exercise - both aerobic and weight bearing, and reducing stress.

Hormonal imbalance is a major contributing factor to a variety of women's health concerns. Preferred Nutrition® products help to reduce symptoms and restore healthy hormone balance. Remember, whenever you buy Preferred Nutrition products you are supporting The Canadian Women's Foundation and helping women and girls across Canada move out of violence, out of poverty and into confidence.



Available at:

THE HEALTHY BUG • 3514 JOSEPH HOWE DRIVE • HALIFAX

HEALTHY SELECTION • 1509 BEDFORD HIGHWAY • BEDFORD

URBAN SANTE • 942 COLE HARBOUR ROAD • DARTMOUTH

SUPER NATURAL FOODS-HALIFAX • 5755 YOUNG STREET • HALIFAX

MARIPOSA NATURAL MARKET • 5229 ST. MARGARET'S BAY ROAD • UPPER TANTALLON

OHEALTHY MARKET • 79 QUEEN STREET • DARTMOUTH

PETE'S FINE FOOD • 1515 DRESDEN ROW • HALIFAX

Serbia Merkel seeks Germany

REFUGEES

Newborn baby represents dreams for better life

She has wide brown eyes, rosy cheeks and thick black hair. Her name is Serbia Merkel al-Mustafa.

Serbia for the country where she was born just a few days ago, Merkel for the leader of Germany, where her Syrian refugee parents want to go in their desperate attempt to escape the war at home.

The al-Mustafa family is among hundreds of refugees stuck in Serbia after Austria and several Balkan nations shut their borders to migrants this winter. But the route that saw one million people reach Western Europe last year seems to be picking up in pace once again and the family of four has high hopes of reaching their dream location soon.

"Inshallah, we will be in Germany one day," Jaafar, the proud father, said Thursday as he caressed his tiny daughter's



A baby named Serbia Merkel Al Mustafa sleeps in the "Krnjaca" collective centre, in Belgrade, Serbia on Thursday. Serbia for the country where she was born just a few days ago, Merkel for the German leader where her Syrian refugee parents want to go. DARKO VOJINOVIC/THE ASSOCIATED PRESS

cheeks inside a cramped room with bunk beds at a drab refugee camp near Belgrade, the Serbian capital.

"We walked across mountains, nearly drowned in the rough seas," Jaafar said, holding the baby as mother Rasmyah tenderly watched after leaving a Belgrade maternity hospital

just a day before. "Nothing will stop us now."

Serbia Merkel is just one of many who have been born during the largest exodus into Europe since World War II. And she is not the only one named after Angela Merkel, the German chancellor, for her welcoming policies toward migrants from



Serbia Merkel and her family are among hundreds of migrants stuck in Serbia after the closure of the Balkan route for passage to more prosperous European nations. DARKO VOJINOVIC/THE ASSOCIATED PRESS

the Middle East, Africa and Asia.

But since the closure of the Balkan migration route and a European Union deal with Turkey to deport some migrants back there, things have gone sour for the migrants. Thousands have been stuck in Greece, many camping in appalling conditions on the border with Macedonia, and thousands more have been forced to turn to human traffickers.

Jaafar al-Mustafa, a 27-yearold who walks with a metal cane, thinks Macedonian police let them into the country from Greece because they felt pity for the family that also included 20 month-old Sarah and his heavily pregnant wife, 23-year-old Rasmyah.

"We have walked most of the way to Serbia," he said. "My wife started getting pains while walking. Lucky we made it to here before she started giving birth."

The migrants stuck in Serbia, including many children, are trying to figure out how to proceed deeper into Europe. Most hope to cross into Hungary and then Austria, despite those governments' tough stances toward refugees. THE ASSOCIATED PRESS

Casualties mount in Aleppo

Airstrikes and artillery killed more than 60 people in the past 24 hours in Aleppo, including dozens at a hospital in a rebelheld neighbourhood, as Syria's largest city was turned once again into a major battleground in the civil war, officials said Thursday.

Aid agencies warn that Aleppo is on the brink of a humanitarian disaster with the collapse of a two-month cease-fire and stalled peace talks.

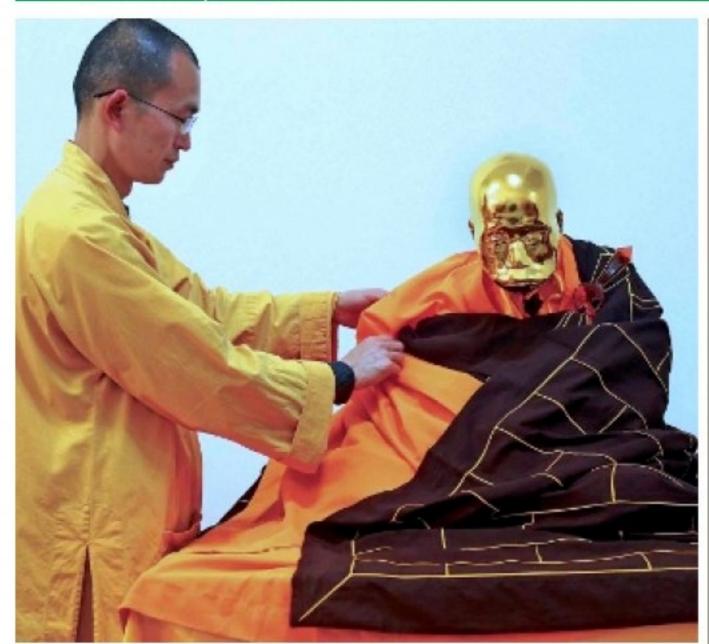
The intensified violence - by far the worst since the partial cease-fire began - coincides with reports of a military buildup outside Aleppo that many fear is a prelude for a government attempt to force a complete siege of the city's neighbourhoods.

Battle-hardened residents were shocked by the bloodshed. Opposition activists accused the government of carpet-bombing rebel-controlled areas, while Syrian state media said more than 1,000 mortar rounds and rockets were fired at government-held districts, killing 22 people.

THE ASSOCIATED PRESS







CHINA REVERED MONK MUMMIFIED, COVERED IN GOLD LEAF Abbot Zhen Yu places a robe on the mummified body of revered Buddhist monk Fu Hou in Quanzhou city in southeastern China's Fujian province in this photo taken April 16. The monk, who died in 2012 at the age of 94, was prepared for mummification by his temple to commemorate his devotion to Buddhism. The mummified remains were then treated and covered in gold leaf, a practice reserved for holy men in areas with strong Buddhist traditions. CHINATOPIX/THE ASSOCIATED PRESS

LGBT community fear for their lives

BANGLADESH

Killings target atheist writers, outspoken moderates

The killing of two gay rights activists in the Bangladeshi capital has driven the country's already secretive and small gay community underground, wondering if they can trust a government that considers their status to be criminal, rights groups said.

Police detectives say they are working with evidence including a mobile phone, documents and witness testimony to solve the case, in which a gang of young men fatally stabbed a theatre actor and the editor of Bangladesh's only LGBT rights magazine, who also worked for the U.S. Agency for International Development.

But with these being the latest killings in an ongoing wave of violence targeting atheist writers and outspoken moderates, members of Bangladesh's minority groups and civil society worry they're not safe, while rights groups question the government's repeated claims that the situation is under control.

That fear is especially strong among members of Bangladesh's largely closeted gay community. "They have gone into hiding. They are feeling particularly vulnerable," said Meenakshi Ganguly of Human Rights Watch. "Being gay is hard enough in conservative societies."

After the government advised those at risk to simply lay low and avoid offending others, she said, "LGBT people

They have gone into hiding. They

are feeling particularly vulnerable.

Meenakshi Ganguly of Human Rights Watch

are hardly likely to have faith in a government that pretty much denies the LGBT community exists."

Already, five people have been killed this year, after nine were slain in 2015. But while authorities have arrested suspects in some of those cases mostly low-level operatives following orders in allegedly carrying out the attacks none has yet been prosecuted, and authorities have yet to identify the masterminds.

The attacks follow a similar pattern: a group of young men wielding knives or machetes approach their victim as his guard is down, perhaps while he is strolling down the street or relaxing at home. The men spew hateful language, then hack and stab at the victim before disappearing, often without a trace.

Nearly all of those killed are considered soft targets: atheist bloggers, foreign aid workers, a university professor, and now gay rights activists.

THE ASSOCIATED PRESS

Beach dealing with whale of a problem

Crews using earth-moving equipment have begun removing the rotting carcass of a massive grey whale that washed up on a California beach.

A bulldozer rolled the 30-ton whale away from the water's edge on Thursday and higher up on San Onofre State Beach.

A heavy equipment operator then began using a mechanical claw to chop off pieces, which will be hauled by dump trucks to a landfill. Curiosity seekers have been visiting the beach, despite the stench.

The whale washed ashore Sunday at a popular surf break

called Lower Trestles north of San Diego. The cause of death has not been determined.

California parks officials decided Wednesday it would be impractical to tow the 40-foot whale out to sea or bury it at San Onofre State Beach in San Diego County.

Jamie Gay

Service Assistant

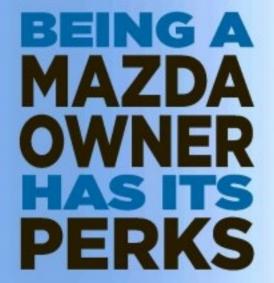
The work by an emergency contractor is expected to take a couple of days and cost about \$30,000 US.

Grey whales are currently migrating north toward arctic waters after wintering in Baja California lagoons.

THE ASSOCIATED PRESS



A crowd gathers around the carcass of a whale at a popular surfing spot in California. LENNY IGNELZI/THE ASSOCIATED PRESS





2672 Robie St, Halifax (902) 453-4115

www.citymazda.com

Come see me & our Service Team for all your vehicle's needs.

THE PERKS

- We Service All Makes and Models
- Personal Concierge Service
- Competitive Pricing
- Shuttle Service
- · Complimentary Coffee Service
- Factory trained technicians
- City Mazda maintenance plan
- Free Alianment Checks

BRING IN THIS COUPON FOR 5% OFF! Expires September 30, 2016.

> **OVER 100 YEARS** COMBINED EXPERIENCE



First rocket launched from new spaceport

Russia on Thursday successfully launched the first rocket from its new space facility after a lastminute delay the day before.

The Soyuz 2.1a booster blasted off from the Vostochny Cosmodrome in the Russian Far Easter in the early hours Moscow time on Thursday. The Roscosmos space agency said in a statement that the three satellites the rocket was carrying orbited several hours later.

The launch was originally scheduled for Wednesday but was called off 1-1/2 minute before the planned lift off. President Vladimir Putin flew to Vostochny for the launch and had to extend his stay in order to see it on Thursday.

Putin, who watched the launch from about 1.6 km away on Thursday, congratulated the facility's staff.

"This is just the first stage of enormous work, and everything you were supposed to do you did brilliantly," he said in televised comments.

The launch pad is so far equipped only for the launches of rockets carrying small cargo like satellites. More facilities have to be built there to accommodate heavy-lift launch vehicles and service manned launches.

Roscosmos officials said on Wednesday the space agency was working to pinpoint what went wrong on Wednesday.

The construction of the vast space complex some 5,500 km east of Moscow has been troubled by delays - the first launch had been expected about four months ago - and dogged by corruption scandals.

Workers who had complained of going unpaid for months went on strike last spring. The directors of three project subcontractors were arrested on corruption charges. THE ASSOCIATED PRESS



Protestors clash with riot police officers in Paris on Thursday as part of a strike against the proposed changes to France's working week and layoff practices. THIBAULT CAMUS/THE ASSOCIATED PRESS

Violent protests erupt over labour reform bill

IN BRIEF

North Korea fails in two powerful missile tests

North Korea attempted unsuccessfully to launch two suspected powerful intermediate-range missiles on Thursday, South Korean defence officials said, bringing the number of apparent failures in recent weeks to three. The launches were believed to be attempts of a new missile that could one day be capable of reaching far-off U.S. military bases in Asia and the Pacific. THE ASSOCIATED PRESS

China joins security mission

China says it will send a warship and special forces for a multinational exercise next month that is also expected to include troops from the Philippines and other rival claimants in the South China Sea. The May 2-12 maritime security exercise will feature the militaries of the 10 countries of the Association of Southeast Asian Nations, along with those of the U.S., India and six other dialogue partners. THE ASSOCIATED PRESS

FRANCE

Demonstrators in Paris force delays at two major airports

Protesters clashed with police in several French cities Thursday over proposed reforms to the country's labour rules and strikers forced cancellations and delays at two major airports serving Paris.

Thousands of demonstrators marched in Paris, and violence

broke out when several dozen people, many with their faces covered, started throwing objects at police. Police used tear gas to disperse protesters and said one police officer was seriously wounded.

French television also showed clashes in the southern city of Marseille and in the western cities of Nantes and Rennes.

French Interior Minister Bernard Cazeneuve said 124 people had been arrested in protests around the country. He strongly condemned the violence and said perpetrators

will be prosecuted.

An air traffic controllers strike cancelled 20 per cent of all the flights at Paris' Orly Airport and also caused delays at Charles De Gaulle Airport, according the Paris airport authority website.

France has seen a series of strikes and protests against the labour reform bill, which aims to encourage companies to hire. Critics say the reforms will compromise France's hard-won worker protections without curbing the country's stubbornly high unemploy-



A protestor kicks a tear gas canister during a protest in Lyon. THE ASSOCIATED PRESS

The bill will be debated next week in France's lower house of parliament.

THE ASSOCIATED PRESS



Tablet sales are tanking Age of consoles may be numbered

still remain popular among consumers

Consumers have officially fallen out of love with tablets and are having their heads turned by larger smartphones and more powerful 2-in-1 devices instead.

Everyone laughed when Microsoft unveiled the first Surface Pro and claimed that the future was in touchscreen PCs, not tablets. But the latest data from Strategy Analytics,

on to something. In the first quarter of 2016, global tablet sales fell a further 10 percent. Just 46.5 million devices were shipped - the lowest recorded amount in more than three years. Apple, Samsung and Lenovo

have all seen the

R

Michael Doyle

Owner/REALTOR®

Microsoft was clearly

Shipments grew 82 per cent year-on-year and now these tablets - essentially touchscreen PCs - have a 13 percent market share, which is impressive considering that the iPad's share is currently 22 percent.

On Wednesday, IDC's latest figures regarding the health of the global smartphone market showed that popularity is still growing - 334.9 million devices were shipped during the first quarter of 2016 - but at a slower rate.

IDC attributes it to saturapublished Thursday, shows that tion. The smartphone is of-

> ficially ubiquitous and the typical handset now sports a display on par with a compact tablet. This move from phone to phablet is also helping to make the traditional tablet obsolete as a device.

But, according to Strategy Analytics, there is still life in



In the first quarter of 2016, global tablet sales fell a further 10 percent. However, there is hope in the form of 2-in-1 devices and hybrids. ISTOCK

the tablet market when it comes to premium devices like the iPad Pro and the Surface Pro.

"The key for Apple and major Android and Windows vendors will be how aggressively

they pursue the enterprise and prosumer markets with their 2-in-1 Tablets, which is still a growing segment," said Peter King, Strategy Analytics Research Director, Tablet & Touchscreen Strategies service.

The company believes that consumers and companies alike are going to start snapping up 2-in-1s and hybrid devices, but that means that notebook PCs are going to be shunned instead. AFP

Sony may be back in profit thanks to strong demand for its latest-generation PlayStation and its assorted games. However, the days of the dedicated games console look to be numbered.

The majority of U.S. and European homes currently have a PlayStation or Xbox nestling under the television but according to Parks Associates, fewer than 50 per cent of US homes will still have one by 2019.

"Game consoles remain one of the key elements of the connected home, but other devices are gaining importance, including smart TVs and streaming media players," said Brett Sappington, Senior Research Director, Parks Associates.

Gaming has never been more popular among consumers of all ages and genders. However, people are becoming more and more likely to reach for a smartphone or even the controller for a set top box. According to Flurry Analytics, the average smartphone owner spends 33 minutes a day just on gaming. AFP

The number of

in the first

in more than

three years.

devices shipped

quarter of 2016.

This is the lowest

amount recorded

Curiosity rover films 360° view of Mars. NASA/JPL-CALTECH/MSSS

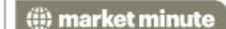
See Mars with NASA's 360° view

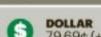
Take a look around Mars through the eyes of a space rover using a 360° video that NASA has published online.

The two-minute video provides 360° views of the Martian landscape, featuring footage taken on April 4 by the Mast camera atop NASA's Curiosity rover, which first landed on the planet in 2012.

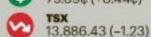
A press release explains what viewers see before them: "The scenes show wind-sculpted textures in the sandstone bedrock close to the rover, and Gale Crater's rim rising above the crater floor in the distance. Mount Sharp stands in the middle of the crater, which is about 96 miles (154 kilometres) in diameter."

The rover is now heading back towards a lake-deposited mudstone surface 4.7 miles away to learn more about Mars' microbial history, AFP





DOLLAR 79.69¢ (+0.44¢)



\$46.03 US (+70¢)



\$1,266.40 US (+\$16.00)

NATURAL GAS: \$2.078 US (-7.5¢) DOW JONES: 17,830.76 (-210.79)



Michael Doyle and his team will sell your home on the

MLS® for as low as \$2,995!

(paid at closing)

30 yrs **EXPERIENCE** 4000 homes

What commission is your friend in Real Estate charging?

www.AsLowAs2995.com

902.446.3113

Fees vary for homes over \$200,000. Commissions may be negotiated and are not set by law. Each office independently owned and operated. © 2016. Assist-2-Sell Inc.

Visiting Halifax this summer? REST ASSURED YOU'LL REST AFFORDABLY.



Information or Reservations:

www.smu.ca/conferences 1.888.347.5555 stay@smu.ca



Your essential daily news SCIENCE SAYS Weekend, April 29-May 1, 2016

SNEAKY SELFIES

Motion-sensor cameras are being set up around the world to peek at what animals do when no people are around.

DECODED Genetic superheroes

THE MUTANTS LIVE AMONG US

Forget the X-Men. There are real-life superheroes (two kinds!) all around us. Some have genes that give them special powers to rival The Avengers. Others have mutations that should have given them ghastly diseases, but they're fine. **Why? No one knows (yet)**. But these freaks of nature — in the best sense — might hold the keys to treating some of the trickiest medical conditions we know of.

13 MYSTERY MUTANTS AB AB BB BB

Researchers sifted through the **DNA** profiles of 589,306 people and cross-referenced them with medical records. After checking and re-checking, they found 13 people who had the genes for severe genetic disorders but no disease.

Consider the family above: Both parents are carriers of the lung disease cystic fibrosis (CF). One of their children got both the bad (B) genes and therefore CF. Another kid got the exact same genes but is perfectly healthy.

Nobody knows how these superhumans pulled this off, but scientists think some might have another mutation that counteracts the first.

HIV SHIELD The CCR5 gene codes for a protein on the surface of white blood cells - the gate that lets in the virus that causes HIV/AIDS. In people who have two copies of a rare form of this gene, the gate stays closed - making them resistant to HIV/AIDS. (ALMOST) **UNBREAKABLE BONES** People with an unusual change to the LRP5 gene, which creates a protein

SUPER-COLOUR VISION

Several genes on the X-chromosome code for light-sensitive proteins in the cone cells of our eyes. A few women with a mutation that causes them to have an extra type of cone might be able to distinguish colours the rest of us can't.

LONGLIFE

It's theoretical at this point, but a small group of people who lived to a ripe old age with very few health problems share a rare form of the **COL25A1 gene**, which is involved in the development of the brain plaques that plague people with Alzheimer's.

POWERFUL MUSCLES

gene cause devastating changes to muscle development and cell division. But one mutation is a mixed blessing: it can cause dangerously high levels of blood fats but also a super-lean, muscled physique. Canadian Olympic hurdler Priscilla Lopes-Schliep famously has this trait.

metre

CHIEF OPERATING OFFICER, PRINT Sandy MacLeod VICE PRESIDENT & EDITOR
Cathrin Bradbury

that helps regulate bone

development and healing,

have super-strong, break-

otherwise normal skeleton.

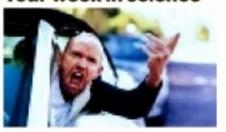
resistant bones but an

EXECUTIVE VICE PRESIDENT, REGIONAL SALES Steve Shrout MANAGING EDITOR HALIFAX
Philip Croucher

ADVERTISER INQUIRIES
adinfohalifax@metronews.ca
General phone 902-444-4444

FINDINGS

Your week in science



ROAD RAGE RESEARCH

Psychiatrists at McGill University have found that incorrigible drunk drivers and serial speeders have different personalities and hormonal responses to stress than people who pass politely on the highway.

MAZING AMAZON

Where the mouth of the mighty Amazon river meets the Atlantic lies a previously unexplored underwater world. It's a coral reef system with "the most amazing and colourful animals," according to study author Patricia Yager — and it's already under threat from ocean acidification and oil exploration.

SOUND SMART

PRION

DEFINITION

Prions are rogue proteins that take on an abnormal shape and force other, healthy proteins to do the same, leading to **prion**

diseases. USE IT IN A SENTENCE

"Some reindeer in Bruce's herd are looking very thin. I hope they haven't got CWD, that contagious, fatal **prion disease** that has mysteriously broken out in Norway."

Borrow up to \$5,000.*

For life's little big things.

We can help.



Your essential daily news

MOVIES MUSIC TELEVISION GOSSIP

Substance on top of a smile

CAREER

Julia Roberts' work shows she likes biting into meaty movie roles

Richard Crouse For Metro Canada



Julia Roberts is one of the biggest female movie stars of all time.

With a career box office north of \$2 billion, she and her megawatt smile were the stuff of blockbusters throughout the '90s and early 2000s.

She was everywhere, and then, somewhere around the time Jennifer Lawrence was celebrating her 13th birthday, Roberts stepped away. Not completely, but she jumped off the Hollywood treadmill, doing what movie stars who have nothing left to prove do.

That is, whatever she wanted. She stayed out of view, voicing a couple of animated movies and popping up in the occasional film, some high profile - like the ensemble of Ocean's Twelve; some not, like Fireflies in the Garden — but the days of solo Pretty Woman-esque success were, by her own choosing, behind her.

By and large, her choices became a bit more eclectic as she relied less on the famous smile and more on flexing her acting muscles.

Since 2004's Closer her filmography has been splintered between crowdpleasers like Eat Pray Love, dramas like August: Osage County and misfires like Secret in Their Eves.

This weekend she's back working with Garry Marshall, the director who helped make her famous. She's starring in Mother's Day, her fourth collaboration.

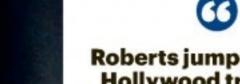
The pair make a movie roughly every 10 years, from 1990's Pretty Woman to Runaway Bride in 1999 to 2010's Valentine's Day to this year's entry, and their combo usually delivers big box office.

In between the commercial films she makes with Marshall, Roberts makes a movie a year. While they haven't always connected with audiences, many are worth a look.

Duplicity is a romantic comedy about espionage. Imagine if Rock Hudson and Doris Day starred in Mission Impossible. Instead you have Roberts as an experienced CIA officer looking for a change and Clive Owen as a charming MI6 agent.

Both left the world of international intrigue for the infinitely more profitable task of corporate security. Together they launch an elaborate plan of corporate dirty tricks to steal a top-secret formula that will revolutionize the cosmetics industry.

Roberts and Owen are witty and



Roberts jumped off the Hollywood treadmill, doing what movie stars who have nothing left to prove do.

charming and Duplicity, with its entertaining performances and stylish look, is a bit of fun despite its convoluted story.

August: Osage County, an all-star remounting of Tracey Letts's hit Broadway play, gives Roberts her juiciest role in years. As Barbara she's a bit of an enigma. She's a jumble of mixed, complicated emotions, capable of both great kindness and compassion but able only to express herself through tough love.

When she explodes she lets loose a lifetime of rage stemming from her mother's (played by Meryl Streep) mistreatment. When they go head-to-head it is the clash of the titans and an unforgettable scene.

Finally, there's Larry Crowne, a boomer comedy aimed at audiences with memories long enough to remember when gas only cost 54 cents a litre, none of your neighbours had foreclosure signs on their front lawns and Tom Hanks and Roberts ruled the box office.

It's an uplifting comedy about middle age, brave enough to tackle modern problems like downsizing and foreclosure, but non-challenging enough to weave all the bad stuff into a pseudo romantic comedy. Hanks and Roberts cut through the material like hot knives through butter and Julia treats audiences to one of her trademarked laughing scenes.

RISK.

DEFLATION.

DEFICITS.



Julia Roberts in Pretty Woman, her first collaboration with Garry Marshall. She now stars in a new movie of his: Mother's Day. PRETTY WOMAN HANDOUT

MOVIE RATINGS by Richard Crouse

Mother's Day Keanu **Ratchet & Clank Green Room Precious Cargo**

HOW RATING WORKS SEE IT *** WORTHWHILE UP TO YOU SKIP IT

Don't miss Let's Talk Exports in Halifax on May 17th with Peter Hall, EDC

Presented by the Halifax Partnership and Export Development Canada (EDC), Let's Talk Exports is your chance to get the most up-to-date information on what the global economy has in store for exporting businesses of all sizes, in all sectors.

Visit HalifaxPartnership.com/LTE for more information & to register.



Retread, remake, repress

SUMMER PREVIEW

Little stomach for risk-taking among pricey blockbusters

Hollywood's summer, which kicks off with the fittingly combative Captain America: Civil War, will be a season of struggle: for box office, for originality and for opportunity.

More than ever, the big tent of summer moviegoing is held up by a forest of tent poles stretching from May to August. The swelling size of the summer movie has turned the season into a game of survival. The possibility of bombing lurks as an ever-present threat, testosterone



It's like a high-stakes poker game that I don't want to be in.

Matt Damon

often dominates in front of and (especially) behind the camera, and few non-sequel, non-reboot films dare to compete.

Box office and stress levels run high in equal measure.

"It's a different landscape than 2002 when the first Bourne movie came out," says Matt Damon, who returns to the franchise in Paul Greengrass' Jason Bourne on July 29. "It's like a high-stakes poker game that I don't want to be in. The swings are just so brutal. Ben (Affleck) just opened Batman v Superman a few weeks ago. Everyone around him and in his life was nervous about it."

This season is particularly risk-adverse. Out of the 33 films coming from the major studios, only 12 aren't a sequel, reboot or based on an already popular property, such as a video game or bestseller. Take comedy and horror out of the equation and you're left with just a handful of originals.

One of them is Jodie Foster's Money Monster on May 13, a thriller about a brash financial news pundit taken hostage on the air, starring George Clooney and Julia Roberts.



A scene from Independence Day: Resurgence, opening in theaters on June 24. 20TH CENTURY FOX

Foster's film is doubly rare. She's one of only two female filmmakers helming major studio releases this summer. Though equality remains a year-round issue, the constricted summer months can reveal Hollywood at its most retrograde.

"It's interesting to me that the studio system still sees women as a risk," says Foster, who wonders if women ultimately even want to inherit some of the kinds of films that dominate the summer.

"There are movies that are part of the system we may not be that interested in embracing. I think that more women in the film business will look slightly different than it's looked in the past for men."

Paul Feig's Ghostbusters reboot, coming July 15, stars four of the funniest comedic performers around: Melissa McCarthy, Kristin Wiig, Kate McKinnon and Leslie Jones. With that lineup, Feig relishes heading into "the big guns of summer."

To put out a movie like this in the heart of tentpole season when it's all these big movies out there, I find it very exciting because a lot of these movies are very male driven, even though they have some great female characters in them," Feig says.

This summer includes a number of anticipated sequels (Finding Dory, Star Trek Beyond, Alice Through the Looking Glass), the expected superhero films (Civil War, Suicide Squad, X-Men: Apocalypse) and some less-likely resurrections (The Legend of Tarzan, Ben-Hur, Independence Day: Resurgence). Recent history is clear: These will be among the summer's biggest hits. Last summer (the second-biggest ever with nearly \$4.5 billion in box office), seven of the top 10 movies were remakes, sequels or came from a comic book. Ditto for four of the top five movies so far in 2016.

One much smaller film, Life, Animated on July 8, will hope



Julia Roberts in Money Monster, opening May 13. SONY PICTURES



From left: Melissa McCarthy, Kate McKinnon, Kristen Wiig and Leslie Jones in Ghostbusters, opening July 15. COLUMBIA

to sway moviegoers from the blockbusters while simultaneously reminding them of the power of movies.

The documentary, directed by Roger Ross Williams, is about an autistic young man, Owen Suskind, who found language through his love of Disney animated classics.

"It's rare that you create a film

like this that generations can enjoy together," says Williams. "In the summer this is an alternative where families can go together and see it and hopefully be inspired and uplifted."

To be uplifted rather than pummeled at summer theatres would indeed be a radical change of pace.

THE ASSOCIATED PRESS

4th Annual **Spring Duck Run**

Saturday May 7th, 2016

All proceeds from the rubber duck race event will support three Sackville community groups: Acadia Recreation Club, Boys & Girls Clubs of Greater Halifax and the Sackville Rivers Association.



Duck Sponsorships:

Youth under 12 \$2 Family Ducks \$5 Family Pack 3 for \$10 Corporate \$100 each or 3 for \$250

Ribbons, Trophies & Cash Prizes **Best Dressed Duck Trophy**

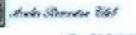
Corporate Race • 9:30 am Bedford-Sackville Connector Greenway Trail, Lynn Ct.

Family Race • 12 noon, Saturday May 7th Little Sackville River next to the Pocket Park

Awards, prizes and a cash BBQ to follow at the Pocket Park. (679 Sackville Drive, across from KFC)

> For more information please call 865-9238 Day of event please call 223-7891













EXDect expected.

Introducing Shock-Free™ data.

Say goodbye to unexpected data charges. Now when you reach your limit, we pause your data so you don't go over. You can also add more data at the push of a button.



Walmart > <











Tension thrived on Green Room set

OPENING FRIDAY

'Potent' world of gory thriller brought crew person to tears

Trapped inside the tiny set of Green Room, seven actors were slowly losing their minds as they stared at the carnage before them.

One cast member was writhing on the floor in agony while the others paced the space, which doubled as the cramped backstage of a neo-Nazi club.

Blood was pouring everywhere and the tension was becoming so thick the film's script supervisor broke down in tears.

"That world is so potent," says actor Anton Yelchin, reflecting on the experience of making the gritty thriller with a small film crew.

"There's 15 people in an enclosed room with smoke pumped into it. It's very emotionally draining."

Yelchin — known for his role as Chekov in the latest Star Trek movies — was at the centre of the action playing a member of a punk band that unexpectedly witnesses a grisly murder.

Boxed into a music venue's green room, the group begins a desperate fight for their lives.

Patrick Stewart, a fellow Star Trek alum and leader of the captors, says he could feel the intensity inside the room even though his role is played outside, separate from most of the violence.

"There are a lot of startling moments. It's quite shocking and not for the squeamish," he says.

Stewart's calm and collected villain elevates the uncertainty that charges through the film's pulse-pounding sequences, which play in near real-time.

Director Jeremy Saulnier says the challenge of Green Room was making each moment seem like an act of desperation.

"The pitbulls, the stunts, the shotguns ... that was the easy part," Saulnier says.

"The hardest part was keeping this movie hyper intense."

Saulnier says he grappled with his own career direction in the aftermath of his previous film Blue Ruin, which caught the attention of Hollywood

executives with its explosive moments of violence ripping through the suspense.

They wanted the indie filmmaker to helm their own bigbudget projects with a similar

"I was at a crossroads," he says. "All of the sudden I had opportunities I'd never dreamt of."

But instead of taking the bait, as he puts it, Saulnier tackled a challenging project that appealed to him personally.

Green Room is based on a script he wrote and pays homage to his roots as a teenage filmmaker who raced around with his friends shooting footage on a camcorder for the pure love of it.

"The movies we made were like goofy zombie comedies or violent cop movies," he said.

"Something about it felt so pure and I wanted to celebrate that and also make a film that just wouldn't be about shocks and good times, but also a legitimate emotional journey."

Green Room opens Friday in Calgary, Edmonton, Halifax, Hamilton, London, Ont., Ottawa, Toronto, Vancouver, Victoria and Winnipeg.

THE CANADIAN PRESS



Patrick Stewart, centre, in a scene from Green Room. TIFF/THE CANADIAN PRESS HANDOUT

Film still a 'thrill' for Coppola

Francis Ford Coppola will press his hands and feet into the cement outside the TCL Chinese Theatre in Los Angeles on Friday, but his imprint on Hollywood, the movies and American culture has long been set in stone, even if the chameleonic writerdirector remains perpetually in flux. The ceremony will be part of the TCM Classic Movie Film Festival, which kicks off Thursday in Los Angeles and runs through Sunday. The festival will fill four days with screenings of classic films, including Coppola's own The Conversation.

Such honours are selfevident for Coppola, the director of The Godfather trilogy and Apocalypse Now. But the 77-yearold Coppola doesn't often pause for tributes: he's too busy working.

After a long break from the director's chair, he's made three idiosyncratic and exploratory films in the last

decade (Youth Without Youth, Tetro, Twixt), none of which are the kind of films expected of filmmakers in their later years.

He's also for several years been working on an even more experimental and ambitious film, Distant Vision, a multigeneration saga about an Italian-American family. Ring a bell? But Coppola, more interested in the future than the past, wants to make it in what he calls "live cinema."

That was one of things Coppola discussed in a recent interview where the director also assessed his robust life in cinema as an eternal student. "For me now. I have no motive other than to enjoy the thrill of learning about the cinema," he says, "and being able to participate in it."

> Are you a fan of TCM?

I love TCM. It's an oasis on television. For one thing, it's uninterrupted and no commercials and they bring some of the greatest movies ever made to your screen. TCM has a lot

of devotees, so of course it's an honour for them to single me out.

When you reflect on your career, one of such chapters, what do you see?

I always thought of myself, or charged myself, to be searching and to be somewhat experimental. I didn't just make one style of movie and then just stick with that. Every film I made I approached differently according its theme. Whereas the Godfather films that I'm probably best known for had a certain classic, Shakespearean style, Apocalypse Now was totally different. Almost a different person made it. I always was trying to learn about cinema by approaching it experimentally and trying to uncover what it was that really connected with me.

You've said Distant Vision might be your last film. Is that true?

Only because it's so long. The script of the overall project is over 500 pages now, so that's like six movies. But I want to do it live, maybe quarterly, maybe every three months do another hour and a half of it - in theatres, at home, anywhere, everywhere.

THE ASSOCIATED PRESS

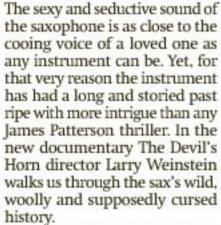


The trebled history of the sax

THE DEVIL'S HORN

Documentary looks at instrument's bizarre history

Richard Crouse For Metro Canada



"It is one of these things where truth is stranger than fiction," he says. "Certainly the life of (inventor) Adolphe Sax is terribly bizarre. From the near deaths he had as a child to the jealousy of instrument makers who actually tried to kill him, twice, and burn down his factory, it looks entirely fictionalized but everything we say about him is true. Then he got this cancerous growth that was so large he couldn't eat or drink or breathe. By the time he was ready to come back to work his patents had run out. He died in total poverty."

The idea of the cursed instrument seems to have originated with its inventor. "Adolphe Sax himself had this dream that devils with saxophones were pulling people to hell."

The movie describes how sax icons Charlie 'Bird' Parker, John Coltrane and many other players of the "devil's instrument" battled heroin addiction, creating sounds so carnal and voluptuous they were outlawed by everyone from the Nazis (who banned the sax from the Earth) to the Vatican. Movie studios barred it from soundtracks and it put the sex in sex, drugs and rock n' roll. "I always thought when they talked about it sounding like a human voice they meant the timbre of the saxophone. Like the human voice, the sax has alto, tenor, soprano and bass, but I think it also has to do with the fact that it can bend and growl, that it can moan and weave around seductively. Also, you can play with so little air it can whisper but it can also scream and be much louder than most of the other brass instruments."

Of course the horn and its players aren't truly cursed but



Filmmaker Larry Weinstein. CONTRIBUTED



The Devil's Horn features interviews with jazz musician Giuseppi Logan. CONTRIBUTED

Weinstein says, "other instrumentalists have those problems and they exist in classical music too, but for some reason not to the extent that saxophonists have suffered."

Using a mix of archival footage and new interviews with musicians like Colin Stetson and Giuseppi Logan, Weinstein gets past that catchy concept to make a compelling case for the sax as more than a symbol of depravity and immorality and Mr. Sax as "one of the greatest geniuses in the history of music."

"The problem with the saxophone is you pick it up, blow into it and there is a beautiful rich sound right away. Adolphe Sax made it so people who can't play well sound good. That's the genius of the guy. All other instruments evolved out of other instruments. This guy, in about 1840 said, 'I want to make an instrument with this sound and I'm going to have to make it brass and give it the mouthpiece of a clarinet and the fingerboard of a flute.' And he invented it. Most people if they looked at an 1846 saxophone they would think it looked like a modern saxophone and the sound is almost the same."

A look at Hemingway's Cuba

Ernest Hemingway left Cuba shortly after Fidel Castro's revolution, as relations with the United States began to fall into a deep freeze. Over five decades later, the author of The Old Man and the Sea returns to the island thanks to the magic of the silver screen.

Papa: Hemingway in Cuba, a U.S.-Cuban-Canadian production, opens Friday in U.S. theatres as the first full-length Hollywood feature filmed on the island since the 1959 Cuban Revolution, having wrapped even before Havana and Washington's historic announcement that they would restore diplomatic ties.

"Hemingway left as the doors were closing, and left his beloved home of many, many years to come back to the states and die 18 months later," said Adrian Sparks, a veteran stage actor with a striking resemblance to the Nobel Prize-winning author he portrays in the movie, in a recent interview. "Now Hemingway has come back to help open the doors again."

Directed by Bob Yari, Papa is based on an autobiographical script by Denne Bart Petitclerc, who died in 2006. The Petitclerc character in the movie is a young journalist called Ed Myers, played



In Papa: Hemingway in Cuba, a young journalist called Ed Myers, played by Giovanni Ribisi, befriends Hemingway in the late 1950s after sending the novelist a letter. CONTRIBUTED

by Giovanni Ribisi, who befriends Hemingway in the late 1950s after sending the novelist a letter.

Through a series of visits to Havana, Myers bears witness to his hero's greatness, his mutual love for Cuba and its people, and the afflictions that torment him.

"There's been numerous films about Hemingway. This is the first one that deals with this time period of his life," Sparks said. "It's a very delicate time. It's a powerful journey that the story makes and tries to understand who this man is."

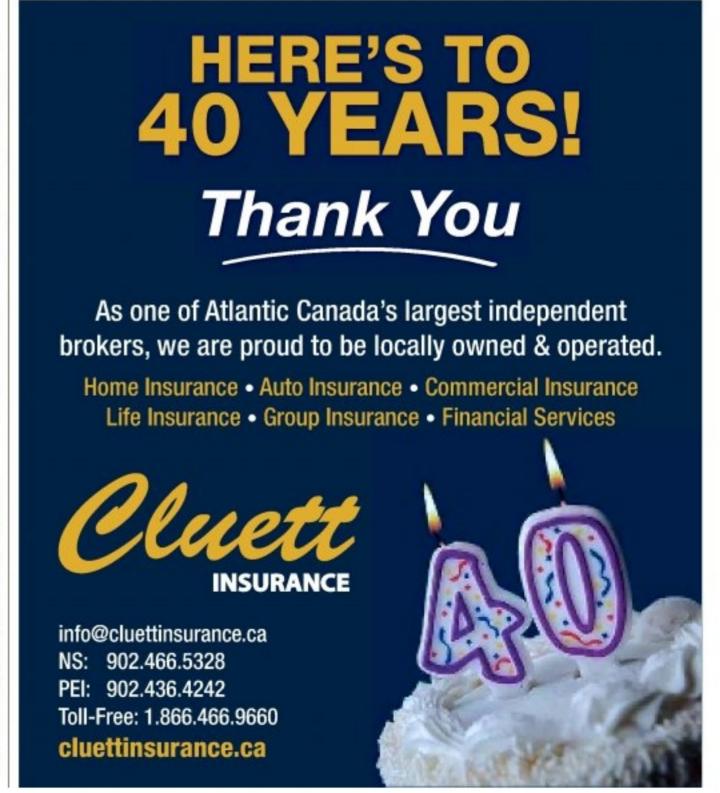
Joely Richardson, Minka Kelly and James Remar also star.

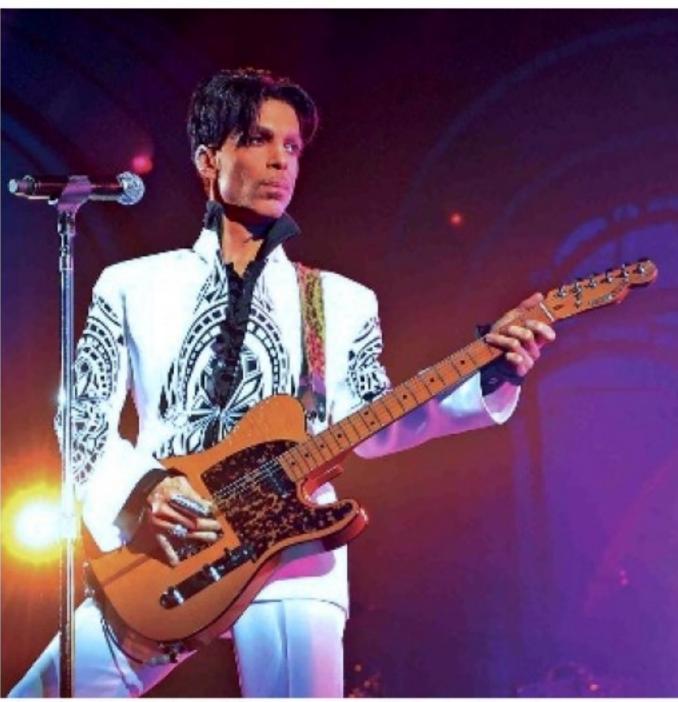
The film depicts a number

of real-life Havana locations associated with Hemingway such as the El Floridita bar, where he was known to down prodigious quantities of lemony daiquiris, and the Ambos Mundos hotel, where he lived for a time. The 1950s cars that prowled Cuban streets then and still do today provide a period backdrop.

Filming took place over nine days in 2013 and again in April-May of 2014, Yari said. It was in December 2014 that Presidents Barack Obama and Raul Castro announced that the United States and Cuba would negotiate a historic thaw in relations.

THE ASSOCIATED PRESS





Prince's longtime friend and collaborator Sheila E. said Prince had hip and knee problems from years of jumping off risers and stage speakers in heels. GETTY IMAGES

Painkillers found with Prince at death scene, reports say

INVESTIGATION

Local police dispute claims they asked DEA for help

Prescription drugs were discovered with Prince when he was found dead in his Paisley Park home in suburban Minneapolis, several news organizations re-ported. ABC, NBC, CBS, and CNN, citing unidentified law enforcement sources, reported that prescription painkillers were found on the 57-year-old musician and in his home.

The Star Tribune, also citing unnamed sources, reported that prescription pills were found but that it wasn't clear whether they had been prescribed to Prince.

Investigators are now considering overdose in Prince's death, and whether a doctor supplied the drugs.

The Associated Press wasn't able to independently confirm the reports. Prince died April 21. An autopsy has been performed, but results weren't expected for three to four weeks. The music megastar's death came less than a week after reports that his plane made an emergency landing in Moline, Illinois, as he returned after performing in Atlanta. TMZ, citing unidentified sources, reported that Prince was treated for an overdose of the painkiller Percocet.

Airport and public safety officials in Moline have refused to confirm that the plane that made an emergency landing in Moline was Prince's aircraft, and heavily redacted incident reports released under a public information request did not identify the person who was treated. Prince's representatives have not responded to request for comment on the reports.

Carver County Deputy Sheriff Jason Kamerud declined to comment Thursday on the reports of drugs found at Paisley Park, and said that he strongly disputed reports by several media outlets that investigators had asked the U.S. Drug Enforcement Administration for help in the case.

"We have not asked them for help, or asked them to be a part of the investigation," Kamerud said. "We might contact them to help us, but that hasn't happened. We don't have the medical examiner's report yet. We don't know to what extent pharmaceuticals could be a part of

Leo Hawkins, a DEA spokesman in Chicago, said he had no comment. Prince's death came two weeks after he cancelled concerts in Atlanta, saying he wasn't feeling well. He played a pair of makeup shows April 14 in that city. Prince was scheduled to perform two shows in St. Louis but cancelled them shortly before his death due to health concerns. THE ASSOCIATED PRESS



Why the Good Wife just loves Canada

The Good Wife star Julianna Margulies says she's friends with the Trudeaus and the show's recent episode set in Toronto was an homage to Canada.

In an episode that aired on Global and CBS earlier this month, Margulies's lawyer character Alicia Florrick flew from Chicago to Toronto's Pearson International Airport for a case involving a National Security Agency contractor.

A Canadian justice of the peace chided the Americans a few times for their behaviour, saying: "Let's leave the land of guns and gangs behind us, shall we, and not interrupt each other."

"I loved the episode because I just thought it smacked America on the hand by saying, 'Stop already, this is ridiculous," Margulies said Thursday in a conference call with reporters.

"One of my favourite lines was the judge saying, 'I'm not speaking as a judge now, I'm speaking as a Canadian citizen, where we don't spy on our citizens and we have superior health care.' I thought that was fabulous.

"And I'm such a big fan of

Justin and Sophie's — and I actually am friends with them - that I was very happy to do that episode."

Some viewers took to social media to lament that the episode rehashed a number of tired stereotypes: that Canadians are clean, peace-loving and uber polite.

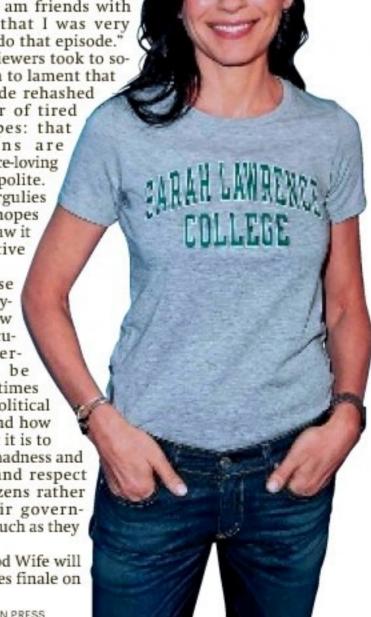
But Margulies said she hopes "Canada saw it in a positive light."

"Because we were trying to show how ridiculous America can be and is at times in their political system, and how important it is to stop the madness and get real and respect their citizens rather than their government as much as they seem to."

The Good Wife will air its series finale on May 8.

THE CANADIAN PRESS





THE TV DINNER JESSICA ALLEN



The other night I made orecchiette with rapini, anchovies, garlic, and bread crumbs. I used to make this pasta all the time, on account of it being so simple, but I'd forgotten about it.

I also forgot how much I enjoy Garry Shandling, who passed at 66 away on March 24.

Three months earlier, he appeared with his good friend Jerry Seinfeld on his show Comedians in Cars Getting Coffee, which we

2016 is a year that requires us to think about how and why we mourn public figures. We need more thoughtfulness than our speed-obsessed social media allows

watched with dinner. Driving in a 1979 Porsche 9-30 Turbo, the two affectionate friends hit up L.A.'s Comedy Store, where they both got their start, Du-Par's Restaurant and Bakery, and CBS studios where they both helmed shows during the '90s. They poke fun at Matthew McConaughey's Lincoln commercials, talk work ethics, life, and death including Shandling's

"What I want at my funeral is for an actual boxing referee to do a count," he jokes to Seinfeld, "and at five, just wave it off and say, 'He's not getting up."

We launched into episodes of The Larry Sanders Show, Shandling's groundbreaking sitcom about a late night talk show, immediately after. "You in-

THE MEMORY: **Garry Shandling**



vented a certain kind of air," Seinfeld said about the series, which ran for six seasons and concluded in 1998, "You created an original content form. Do you ever watch TV - The Office, Modern Family - and think, 'Oh look, they're still doing methat thing I invented."

THE MEAL: Orecchiette



Shandling said that when he first pitched the show, he couldn't provide references to other series this was 14 years before 30 Rock - because it was so entirely original.

I didn't watch the show until I was in my 30s. Larry Sanders deals in the darkest shades of comedy, pitilessly scrutinizing the foibles of human frailty: vanity, insecurity and pathological selfishness. Those horrible impulses, wrapped up in ego and universally shared - making them universally humourous - weren't something that my younger self was aware of ... yet.

But revisiting the show now, after having occasionally appeared on TV myself, made me almost too self-aware: In my darkest moments I worry that I'm a little like Hank and Larry.

On Sunday about 500 people, including Sarah Silverman, Warren Beatty, and Johnny Depp, gathered for a memorial service for Garry Shandling. About a dozen friends shared memories and told jokes - including Judd Apatow, who wrote for The Larry Sanders Show.

Apatow fought back tears, according to the Hollywood Reporter, and then launched right into a joke about Shandling and Prince having so much in common, which caused "the night's first wave of uproarious laughter."

"Both stood up against the man to get their shit back, and both were sexy as a mother f-er...The only difference between the two was that Garry had a huge c-," Apatow said, adding that the punchline was "the joke Garry would have wanted."

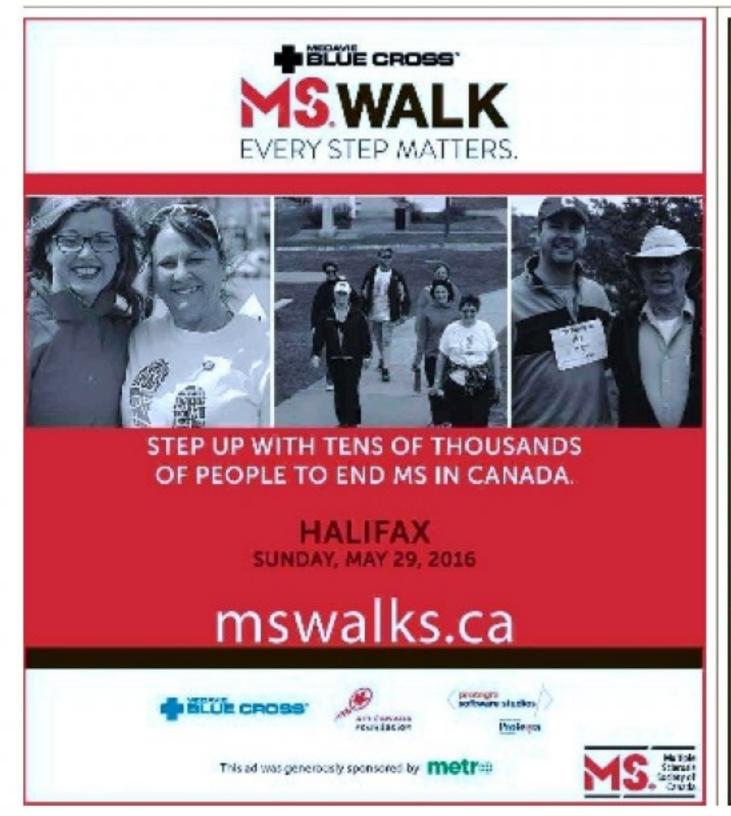
2016 is a year that requires us to think about how and why we mourn public figures. We need more thoughtfulness than our speed-obsessed social media allows.

As one Titan after another returns to Olympus, specific codes are called for, depending on who died: Getting odd was good for Bowie, Prince's passing requires reflecting on that moment we found our inner freak, and Garry Shandling demands some penis and fart jokes.

To be honest, the pasta didn't live up to my memory of it. It was so bland that I had to smother it in hot peppers, which burned the hell out of my mouth, not to mention my ...

Anyway, Larry Sanders was better than I ever remembered.

Jessica Allen is the digital correspondent on CTV's The Social.





REGISTER TODAY

Best Western, Chocolate Lake, Halifax • June 4-5, 2016 For further information:

866 • 455 • 2155 or abe@certifiedcoachesfederation.com www.certifiedcoachesfederation.com



TEXAS

Former frontier town comes of age

We've lined Exchange Ave. in the Stockyards National Historic District to see modern-day cowboys at work in the heartland of the city.

Here they come at 11:30 a.m. sharp — five men and a lone woman sitting tall on American quarter horses and dressed all 1880s style in chaps and vests.

But we mostly have eyes for the 16 Texas Longhorns they're "driving."

They're as gorgeous as cattle get, what with dramatic horns and mixed colouring.

"These guys have run a couple of times and it's frightening," whispers trail boss Kristin Jaworski.

"We want them to go as slow as possible. Nice and calm."

This is more like a walking of the steers than a Pamplona-style running of the bulls. We're told to stand on the sidewalks, probably so we can make a quick getaway if the castrated male cows suddenly go wild.

It takes just a few minutes

for this historical cattle drive reenactment to wrap up. There's zero drama but lots of oohing, ahhing and photo taking.

Exchange Ave., which has been temporarily blocked to traffic, quickly reverts to normal. The Fort Worth Herd will be back at 4 p.m.

The trick is to come half an hour early and chat up the "cowboys" who are playing drovers. That's the name for the diverse group of people — men, women, African Americans, Native Americans, Mexican vaqueros (cowboys) — that drove Texas Longhorns from South Texas to Kansas along the Chisholm Trail during the cattle drive era of the late 1800s.

We get paid to keep history alive," drover David Mangold says laconically from his mount Oliver. "We're here 362 days a year."

The real stars of this show and of the Stockyards — have their own trading cards.

Fort Worth, you had me at cattle drive. And then there's the Stockyards National Historic District, 15 blocks of Old West meets Wild West meets Truly Texas.

This former frontier town (population 812,000) won't be standing in the shadow of Dallas, Austin and San Antonio for

FORT WORTH TO-DO LIST

Loud music

There's music everywhere, starting at Chief Records in the Stockyards. I caught ticketed shows at Billy Bob's Texas and the Live Oak Music Hall & Lounge. I stumbled into free shows at restaurants.

Fast cars

The Texas Motor Speedway complex boasts the world's largest high-def video board nicknamed Big Hoss.

much longer.

It's carving its niche as the "City of Cowboys and Culture." To me, it means you can watch a concert at Panther Island Pavilion while floating on inner tubes. The city has an ambitious Trinity River Vision project to create an entire waterfront community.

At the Stockyards Stables, grad student Lacey Jensen saddles up horses for us, just steps from Exchange Ave. We head out through a hotel parking lot, across a busy street and along the Old Chisholm Trail.

"You can ride your horse down

Good eats

You can find excellent beef brisket at Cooper's Old Time Pit Bar-B-Que, where you point to what you want and pay by weight, and ultra old-school Angelo's. I was wowed by chef Tim Love's Woodshed Smokehouse, where "new Q" means lamb brisket, smoked Texas peanuts with chili salt, "today's animal," and brisket-stuffed piquillo peppers with bone broth.

here and eat at a restaurant, which is pretty crazy," Jensen confides. "The Coyote Drive-In is free if you're on a horse. They've got water and hitches. You can ride to Love Shack and they'll serve you."

Alas, those are perks for people on private horses. Our trail ride doesn't come with meals, movies or drinks, but what a treat to ride along the Trinity River.

Here in the Stockyards, cowboys and culture combine at the world's only indoor rodeo held at the Cowtown Coliseum every Friday and Saturday night.



There's the free Cowtown Opry on Sundays if you want to hear cowboy songs. The Pawnee Bill's Wild West Show and the mock gunfights inside Stockyards Station are a little hokey but fun for a laugh.

"We're working the cowboy gig," acknowledges Eats Beat food writer Bud Kennedy of the Fort Worth Star-Telegram over a meal of "glorified chuckwagon cooking" at Reata.

"This is where the West begins and where the East thins out," Kennedy adds, reciting a popular swipe at rival city Dallas to the east.

Reata is downtown but really should expand to the Stockyards, which works a family-friendly vibe by day and a Vegas vibe at night. This is where people come to eat, drink and carouse.

You can drink on the street. You can have a beer at the bars inside Maverick Fine Western Wear or Fincher's White Front Western Wear.

Be sure to stay at the Stockyards Hotel. Bonnie and Clyde were guests in 1933 and their actual room is booked months in advance. This hotel oozes Old West charm and the rooms open with old-fashioned keys instead of swipe cards.

You'll find earplugs beside your bed.

"Sometimes it gets pretty wild around here and the walls are thin," advises front desk staffer Erik Chipman. "I won't go into details, but guests have fun and then the streets get pretty wild."

The earplugs are officially called "cowboy silencers — the cure for loud cowboys."

JENNIFER BAIN/TORSTAR NEWS SERVICE

Jennifer Bain was hosted by the Fort Worth Convention and Visitors Bureau, which didn't review or approve this story.

TRAVEL TIMES SQUARE TONES IT DOWN, GALLERY SHOWS OFF RIP-OFFS AND BIG BEN GOES SILENT

New law mandates better manners from Times Square characters

Spider-Man, Elmo and the Statue of Liberty will just have to be on their best behaviour.

After fielding complaints for years about aggressive costumed characters pressuring tourists for tips, Mayor Bill de Blasio signed a bill to regulate where and how they operate in Times Square and to curtail any aggressive behaviour. The new law allows city officials to restrict the characters' movements



and keep them from blocking pedestrians in traffic-free parts of the square, which draws 39 million visitors from around the world each year. THE ASSOCIATED PRESS

Gallery of fake paintings opens in Argentina

The paintings in Buenos Aires' newest gallery may look like the work of great artists, but they are actually rip-offs - and the exhibition's organizers want you to know it.

The 40 canvases on display at the exhibition in the Argentine capital were seized in a raid organized by cross-border police agency Interpol on a band of forgers. Police got hold of 240 works overall, fake versions

of works by renowned South American artists, ready to be sold complete with fake certification.

"Some of the copies are clumsily executed, but others are very good," said the show's curator Mario Naranjo, an official from the Argentine finance ministry.

It runs until mid-May at the finance ministry in Buenos Aires, after which the works will be returned to the court handling the case against the forgers and eventually destroyed. THE ASSOCIATED PRESS

Big Ben to cease chiming for months during repairs

Big Ben will stop ringing for months while the iconic London clock tower next to the Houses of Parliament undergoes "desperately" needed repairs next year, officials

The work will repair the clock faces and mechanism. cracks in the tower's masonry and corrosion in the roof, as well as restoring the edging around the clock faces to their original 19th-century colour, AFP



Turtle nesting an age-old ritual

COSTA RICA

From verge of extinction to major tourist draw

Edgar Cespedes, my Costa Rican guide, is beckoning me furiously.

Our group of six has been wandering since dawn on a lonely stretch of beach on Tortuguero's northernmost coast.

The goal has been to glimpse of one of the green, Hawksbill or Olive Ridley turtles that call the area home. With none in sight, I'd been lingering behind the group, snapping photos of crashing waves and a beautiful sunrise instead.

Who rushes to see a turtle? His yell changes things. In the distance, slowly moving from her nest high on the beach is a giant green turtle and now I am in a full sprint to get a closer look. Es-

timates put her at about 70 years old. Her slow pace, slow even for a turtle, is with good reason; the previous night she would have laid at least 100

eggs. Later, when we pop into the Sea Turtle Conservancy on the island, research scientist Beto Gonzalez calls us "lucky."

Our visit in mid-October is at the tail end of the traditional green turtle nesting season, he explains. While visitors might see as many as 600 turtles nesting on the beach on a night in September, by November numbers begin to dwindle to an average of 50 to 80 and most nest, lay eggs and leave in the darkness of night.

It's actually something of a miracle that there are any turtles in Tortuguero at all. When the Sea Turtle Conservancy began its work in Costa Rica in 1959 the animals were on the verge

WHEN TO GO As many as 600 green turtles make their way to the beaches of Tortuguero to nest between July and October each year

Turtles lay hundreds of eggs at a time and the hatchlings that survive eventually make their way back to the same shores to lay their own eggs. COSTA RICA TOURISM BOARD

of extinction. A combination of tracking initiatives and educational outreach with local youth turned the tide.

Over the last few decades the number of turtles killed by locals for their meat and shells has dropped dramatically. Where once 200 to 300 turtles were being taken each night, now less

than three meet that same fate. Animals have long been a major draw for tourists who come to Costa Rica but those who make the long trip out to Tortuguero almost always come for the turtles.

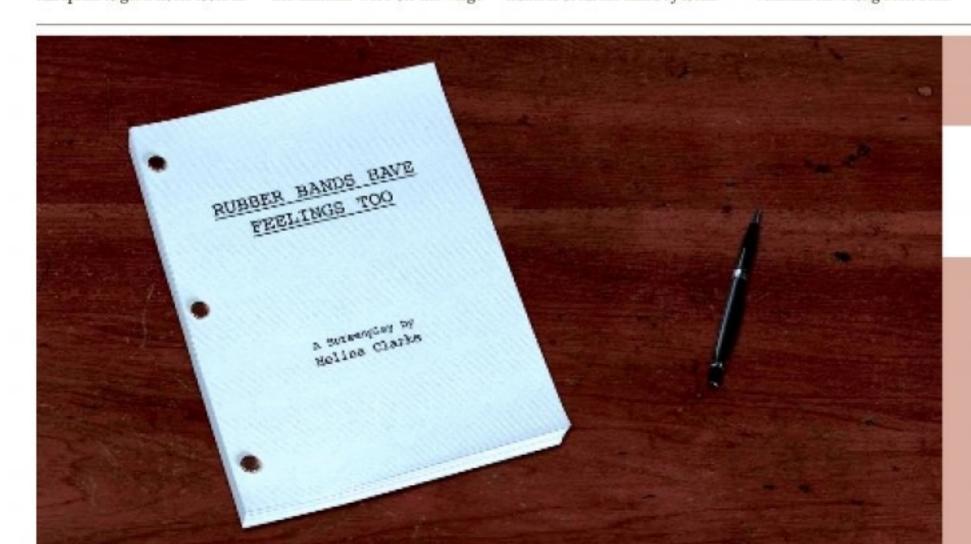
That's not to say the town itself isn't worth seeing. With a population of less than 1,500 people, the village is a welcome change from the increasingly tourist-dense spots in other parts of the country..

Dino Matarrita, our nighttime turtle chaperone, stresses that even then he never guarantees a sighting.

It can take hours to spot a turtle at this time of year. We wait for several hours only to learn that the one turtle that has made its way to our section of beach is missing a fin and struggling to dig her nest. We call it a night.

It's why we're so excited when we happen on the green turtle the next morning. This time we watch her in silence. HEATHER GREENWOOD DAVIS/ FOR TORSTAR NEWS SERVICE

Heather Greenwood Davis' visit to Tortuguero was subsidized in part by Costa Rica Tourism, visitcostarica.com, which didn't review or approve this story.



Creativity is subjective. The truth isn't.

Truth in Advertising Matters.



Advertising Standards Canada adstandards.com/psa



With guns blazing

RAPTORS BACKTO INDIANAPOLIS

Coach Casey has his players treating Game 6 as a must-win

The Toronto Raptors have played like two different teams at times in their first-round NBA playoff series against the Indiana Pacers.

There was the squad that looked bewildered in Games 1 and 4, and there was the team that resembled the side that won 56 regular-season games in Games 2 and 3. Game 5 had a bit of everything — a brutal start, flashes of brilliance, frequent lulls, a stirring comeback and a nailbiting finish as the Raptors barely hung on for the win.

Now armed with a 3-2 lead in the best-of-seven series, head coach Dwane Casey will have his players treat Friday's Game 6 as if it's a mustwin contest.

"We can't go and get ambushed," Casey said. "We've got to go in with our high-beams on, laser-like focus from the start of the game to the end of the game.'

An Indiana win at Bankers Life Fieldhouse

would put the pressure squarely on the Raptors, who do not exactly have a glowing playoff history. Toronto made its first post-season appearance in 2000 and has been eliminated in the first round on six of seven occasions.

The Raptors' lone secondround appearance came in 2001 after they beat the New York Knicks in a best-of-five series. Toronto was swept out of the first round by the Washington Wizards last year and fell in seven games to the Brooklyn Nets in 2014.

"What happened two years ago is in the past. As well, what happened last year is in the past,"

said Raptors forward Patrick Patterson.

"So to think about it, to dwell on it, none of us really do that. We're focused on this opportunity that we have now with this new team, these new faces, this new coaching staff and this brand new opportunity."

The players seemed loose and relaxed during a lunch-hour practice session at BioSteel Centre on Thursday afternoon before their flight to Indianapolis. Game 7, if necessary, would be played Sunday at Air Canada Centre.

Several Toronto players have taken a turn in the spotlight over the first five games.

Toronto centre Jonas Valanciunas posted strong numbers as the Raptors split the first two games at home. All-star guards DeMar DeRozan and Kyle Lowry rebounded after slow starts to help Toronto take Game 3 while forward Bismack Biyombo was one of the few bright spots in a Game 4 loss.

Biyombo, DeRozan and rookie Norman Powell helped the Raptors complete a comeback win at home in Game 5 to regain control of the series.

> "One night, one guy might not have it," Casey said. "But that doesn't mean you give up on him and We've got to be consistent." THE CANADIAN

Hurricanes return to winning ways



One down, two to go.

The Halifax Hurricanes won its first of three games in three days Thursday night, edging the Moncton Miracles 102-95 on the road.

The victory gives Halifax a much-needed boost coming off a 111-93 loss to defending National Basketball League of Canada champion Windsor Express last Sunday on home court at the Scotiabank Centre.

On Thursday night, guard Justin Johnson led the Canes with 22 points, also adding seven rebounds, while guard Shane Gibson put up 19 points, centre Kyle Hunt pulled down 11 rebounds and guard Cliff Clinkscales had 12 assists.

HURSDAY In Moncton

For the Miracles, guard Dexter Strickland notched 21 points and added seven assists, while guard James Justice put up 20 points.

The win gives the Hurricanes a 28-10 record, keeping them in first place of the four-team Atlantic Division. The London Lightning lead the four-team Central Division with a 24-14 record.

Halifax completes the regular season with two more away games this weekend, the first Friday night against the Island Storm at the Eastlink Centre in Charlottetown, the second Saturday night against the Saint John Mill Rats at Harbour Station.



NHL PLAYOFFS GETTING THE PARTY STARTED

The Penguins' Eric Fehr and Alex Ovechkin of the Capitals vie for the puck during Game 1 of their second-round playoff series in Washington on Thursday night. For the result, go to metronews.ca. ROB CARR/GETTY IMAGES

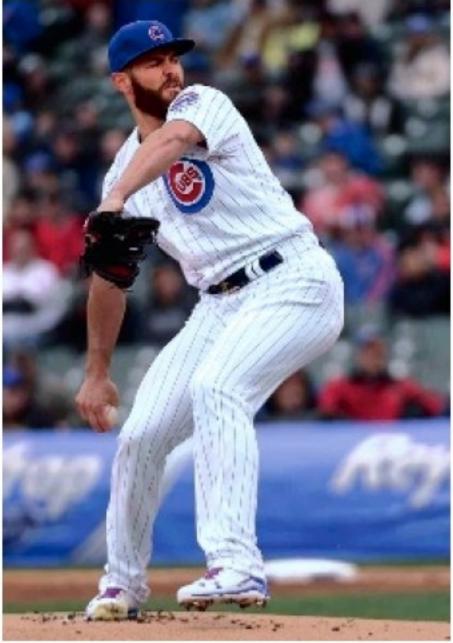


THE TOP 6@6 LAST NIGHT ON 101.3 THE BOUNCE:

- Zara Larsson ft MNEK Never Forget You
- DJ Shake it Bipolar Sunshine
- Fifth Harmony ft Ty Dolla Sign: Work From Home
- Rhanna Kiss It Better
- Drake ft Whizkid and Kyla One Dance
- Justin Bieben Company







Jake Arrieta delivers on Thursday at Wrigley Field. DAVID BANKS/GETTY IMAGES

Another Arrieta gem

Shutout streak ends but ace still gets 16th win in a row

Jake Arrieta's bid for a second straight no-hitter ended after five pitches and the Cubs ace went on to win his 16th straight decision, leading Chicago over the Milwaukee Brewers 7-2 Thursday.

Arrieta (5-0) allowed one run, three hits and four walks in five innings - the first run he allowed at Wrigley Field since July 25. Alex Presley's fifth-inning RBI double ended Arrieta's home scoreless streak at 52-2/3 innings, four outs shy of Ray Herbert's major-league record set with the Chicago White Sox in 1962-63.

Arrieta's streak of consecutive winning decisions is the THURSDAY In Chicago

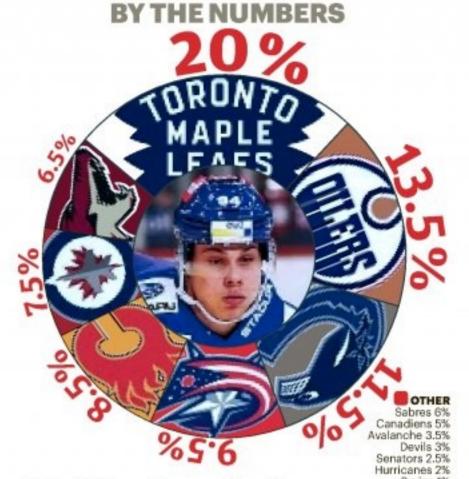




longest since Jose Contreras of the White Sox won 17 in a row from August 2005 to July 2006, according to STATS. Chicago has won in Arrieta's last 18 starts, a team record.

Chicago improved to 16-5, its best 21-game start since opening 1907 at 17-4. The Cubs' Kris Bryant left in the fifth after rolling his right ankle while running the bases two innings earlier.

After throwing 119 pitches at Cincinnati on April 21 in his second no-hitter in a span of 11 regular-season starts, Arrieta had six days' rest. The Cubs were off Monday, and Wednesday's game was rained out. THE ASSOCIATED PRESS



NHL draft lottery

A glimpse at who has the best chances of landing the No. 1 draft pick on Saturday (and presumably get the right to select Auston Matthews)

HILLSBOROUGH TRAGEDY

Stadium disaster lawsuit revealed

Lawyers representing some of the families of 96 soccer fans crushed to death in a crowded stadium in 1989 have filed a civil suit against two British police forces, alleging misuse of power in office.

The lawsuit — filed by Saunders Law on behalf of several hundred family members and survivors - was revealed Thursday after an inquest earlier this week determined the fans were unlawfully killed.

"The evidence points to abuse on an industrial scale by both South Yorkshire and West Midlands Police, beyond any 'one bad apple' analysis," the firm said in a statement.

In addition to actions by individuals, the firm alleged that evidence suggests institutional actions. Saunders said the claims concern actions intended to wrongly blame the dead and Liverpool FC supporters for the tragedy. THE ASSOCIATED PRESS

IN BRIEF

Reds concede in injury time

Liverpool conceded in injury time in losing to Villarreal 1-0 in the first leg of the Europa League semifinals on Thursday.

The match looked set for a draw until the second minute of added time, when Adrian Lopez scored for the host after a quick counterattack.

In Ukraine, striker Kevin Gameiro converted an 82ndminute penalty for two-time defending champs Sevilla to draw at Shakhtar Donetsk 2-2. THE ASSOCIATED PRESS

Raiders want Vegas move

Raiders owner Mark Davis says he wants to move the team to Las Vegas and is willing to spend a half billion dollars as part of a deal for a new stadium in the city.

Davis upped the ante in a bid to move the team to the gambling city, appearing Thursday alongside soccer great David Beckham and billionaire casino owner Sheldon Adelson before a committee studying the idea of a \$1.4-billion stadium. THE ASSOCIATED PRESS

Tough guy Orr calls end to career

Former NHL tough guy Colton Orr has retired after a 13-year professional career.

Orr played 477 career NHL games with the Boston Bruins, the New York Rangers and Toronto, piling up 1,186 penalty minutes.

The six-foot-three, 225-pound Winnipeg native only managed 12 goals and 12 assists in his NHL career, but his fighting ability won him an NHL job.

Later in his career he had

trouble sticking with an NHL club as the enforcer role fell out of favour.

He failed to make the Leafs Colton Orr roster in 2014-15 GETTY IMAGES and cleared waiv-

ers, appearing only in Toronto's final regular-season game. That would mark his last NHL appearance.

THE CANADIAN PRESS

Apartment Finder

To advertise contact 902-421-5824

April 29



2 & 3 Bedroom Suites Available



- Spacious Suites up to 1675 Square Feet
- Granite countertops
- Ensuite laundry with full size washer & dryer
- Large balconies
- Underground parking
- Fully equipped fitness room

2 and 3 Bedroom Apartment Homes Garden Plots • Movie Theatre • Card Room Fitness Centre • Business Centre • & More!

OPEN HOUSE

5 Horizon Court, Dartmouth



902.407.7007 avonhurstgardens.com PARAMOUNT 🜌

3330 Barnstead Lane • call John 902 818 3330 • thevc.ca



Find an apartment at universalgroup.ca or call us to view today 902-425-8877 *Some conditions apply. Call for details.



Building Excellence that's locally-owned.

Give it to a friend at no extra cost.

metr#

Ask about our

rental incentives

GARRISON WATCH

HARBOUR RIDGE

1 BR & 2 BR

5536 Sackville St., Halifax

In the Heart of Downtown Halifax

· New Blinds

Fob Access



58 Holtwood Court, Dartmouth (off Baker Dr.) PREMIUM AMENITIES

- Spacious 2 Bedroom & 2 Bedroom plus Den Suites from 1,376 to 2,170 sq. ft.
- Six Full Size Appliances (Incl. Self Cleaning Oven)
- Large Balconies
- Granite Countertops
- Guest Suite
- Fitness Room
- · Cat & Small Dog Friendly Deluxe Residents Lounge
- Rooftop Terrace
- Underground Parking
- Indoor Car Wash Bay

NOW RENTING

6 Floors of Breathtaking

> Views and the Latest

in Luxury!



Tel: 1-888-236-7767 Email: rentals@cpliving.com

realstar



5770 Spring Garden Rd., Halifax Steps to Public Gardens & all the shops on Spring Garden Rd.

Bachelor, 1 BR & 2 BR

- Indoor Pool, Sauna & Fitness Facility
- Newly Renovated Suites
 Utilities Included
- Community Room 24/7 On-site Staff
- Cat & Dog Friendly
- 24/7 Laundry Facilities · New Blinds
- Underground Parking · On-site Storage

902-442-5404

- Modern Suites in Downtown Halifax 6 Appliances**
- In-suite Laundry**
- · Spacious Suites
- In-suite AC**
- Cat & Dog Friendly
- 24/7 On-site Staff

902-422-4545



5 & 7 Franklyn St. Dartmouth

Rent from \$700/mth 902-461-9111

Spacious 1, 2 & 3 br apartments in prestigious location. Heat/HW & Parking included \$550 - \$700

902-489-5868 • halifaxapartmentrentals.ca

STONECREST VILLAGE **CUNARD COURT** 80 Chipstone Close, Halifax 2065 Brunswick St., Halifax Park-like setting close to A short walking distance to Bayer's Lake Park everywhere in downtown Halifax 2 BR, 2 BR Large & 3 BR

- 5 Appliances** Private Balcony
- In-Suite Laundry** 24/7 On-site Staff
- In-suite Storage
- New Blinds 24/7 Deluxe Laundry
 Underground Parking**
- Community Room
- Modern Fitness Facility with Yoga Area
- Cat & Dog Friendly on Select Floors

902-701-0021

1 BR & 2 BR

- Downtown Living at a Great Price
- . Above & Underground Parking Available
- · 5 Appliances
- Fob Access
- In-suite Laundry
- 24/7 On-site Staff
- · Cat Friendly

· Utilities Included

902-442-7247

2% Senior, Military & Capital Health Employee Discounts Available

**Available in Selected Suites.

Starting prices, availability and incentives are subject to change without notice. E. & O. E.

Follow us





For more information visit: www.realstar.ca

33 Gaston Rd.

Rent from \$565/mth

902-802-4361

APARTMENT FOR RENT

30 SPRINGHILL RD. DARTMOUTH

Sca View Landing 25 Arthur Street, Dartmouth 1 BR Units • Balconies • 5 Appliances (902) 405-VIEW (8439) www.seaviewlanding.com Managed by Novacorp Properties Limited

For those without a Metro, the forecast calls for "I dunno" with a slight chance of "Huhhh?"

metr#

WELL MAINTAINED Bach & 1BR Apts

Dartmouth

NEWLY RENOVATED UNITS

1, 2 & 3 BR units

Located on Churchill Crt & Roleika Dr. Dartmouth

Close to Schools, Buses and All Amenities!

1 Bedroom now \$575

2 Bedroom now \$620

2 Bedroom + Den now \$809 3 Bedroom now \$809

Call today 902-462-3544 or 902 830-4851

PineRentals@gmail.com



THE ALABASTER I at Governor's Brook

Brand New Apartments in Quiet Residential Neighbourhood

- 103 Alabaster Way, Halifax
- In-suite air conditioning
- Near medical centres & grocery
- Large 2 bdrm suites
- All utilities included
- Secure entrance
- Starting at \$1,250/mth ~ Call to book your viewing 902-700-6798

Find your next home with us.

We have the best quality, variety, selection, locations and price ranges of apartments in Atlantic Canada.

We'd like to prove it to you. Get in touch and we'll help you find your next home.

902.430.3243 killamproperties.com





DARTMOUTH

KENTVILLE

HALIFAX

WINDSOR

902-402-2915

902-402-6287 902-401-2735

902-401-8312

902-402-1518

902-691-3000

902-402-1518 902-402-2915 902-791-0232

ASK ABOUT OUR CURRENT PROMOTIONS!

FIND MY PLACE TO LIVE! **902-449-RENT** (7368)

www.metcap.com

Give it to a friend at no extra cost.

metr#

Service Directory

To advertise contact 902-421-5824

April 29

FLEA MARKETS

TABLES ONLY \$10

SAT & SUN 9AM-4PM ADMISSION \$1

42 Canal Street Dartmouth 902-407-3323

HFX Forum Flea Market The Original (Since 1975) 200+ Tables "Everything from a Needle to an Anchor Spaces \$17 Admission \$2 . Sunday 9-2 Bingo Hall, Windsor/Almon St.

902-463-1406

HOME HEATING

Heat Pumps from \$33/mth

Nova Scotia Power On Bill Financing



902-444-7870

Halifax | Dartmouth Sackville | HRM

SPECIAL REQUEST

ATTENTION PLEASANT HILL PLOT OWNERS

We ask that all wreaths & Christmas ornamentation be removed by May 3rd to accommodate our annual Spring Clean-up.

> Pleasant Hill Cemetery 539 Sackville Drive • 902-425-6922

DENTAL HYGIENE







ncludes: Hygiene Assessment, Scaling, Polish & Fluoride. If additional treatments are needed they will be completed at no extra cost. 542 Novalea Dr. Hfx & 193 Portland St. Dart

> www.smartsmilesdh.com Group Rates & Mobile Services Available Call Today! 902-830-6908

RESTAURANT

"Hands down the best Indian food in Halifax!" www.yelp.com

लोल्टो tandoor

902-429-4647 5232 Blowers St. Halifax mirchitandoor.ca

MOVERS

ABLE MOVERS

- Free In Home Quote
- Insured Professional Service

Call today for your free estimate! 471-9733

MASSAGE THERAPY

John Panter, Certified Rolfer™ Are you tired of



pain...?

chronic

02 425 2612 • fareast@auracom.com

Visit metronews.ca

metr#

RECIPE Muffaletta Sandwich



Ceri Marsh & Laura Keogh For Metro Canada

Why make a sandwich when you can create an overstuffed version that packs a secret flavor punch-olives.

Ready in

10 minutes

Ingredients

- 1 loaf of bread
- · 1 Tbsp olive oil
- · 2 Tbsp black olive tapenade
- · 1 cup roasted red peppers, sliced into strips
- · 2 cups mozzarella, sliced 2 handfuls of fresh basil
- · 8 to 10 pieces of thinly
- sliced ham or prosciutto · 1 or 2 tomatoes, thinly sliced
- 1/2 cup green olives, sliced

Directions

1. Use a serrated knife to cut off the top third of the loaf of bread. Tear away the interior

bread leaving about one inch, including the crust. Brush the inside of the top and bottom pieces with olive oil. Spread the tapenade on the underside of the top and set aside.

2. Begin layering. You can't go wrong. First lay down the red peppers and get them into every corner. Next, lay down the mozzarella and cover with basil leaves. Ham could come next, then olives and tomatoes. If your bread is deep enough, repeat. When you're done, place the top on and gently press down.

4. Wrap the whole thing in parchment or cling film. Place it on a plate with something heavy on top. Put it in the fridge over night.

5. When you're ready to serve, unwrap your sandwich and cut into the loaf with a serrated knife.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

24

33

46

39

28

43

34

47

15

18

22

35

54

40

19

28

32

56

65

36

44

55

48

64

68

ACROSS 1. Sizeable topical story: 2 wds. 8. Charlotte's Web author Mr. White, et al. 11. Bob & Doug utterances 14. What the key signature of the F Major scale consists of: 2 wds. 15.Bus, e.g. Beaufort _ 17. Saskatchewan's provincial fish 18.A credit is due to you if you do this 20. MLB's Cardinals, on scoreboards 21. Western accessories: 2 wds. 23. Even 25. Fire: French 26. Cinder-like 27. When to stop when driving: 2 wds. 29. Dullsville 32. Muck 33. "Phooey!" 35. Aggravate 37. Froms opposites 38. "The Littlest Hobo" theme song: 2 wds. 42. Saloon supply 43. Drive-_ (Type of restaurant) 44. Suit neckwear 45. "Behold!"

17

20

23

42

45

53

57

63

68

Abbey where Prince William married Kate 62. Pourboire 63. Pointed-to spot where a mouse might be hiding: 2 wds. 64. Retro recording record 66. Sun. delivery

portrayer

67. Puny parasite 68. Become frozen up: 2 wds. 69. 'Trick' suffix 70. Initials-sharers of #3-Down's

70

DOWN 1. Greets with rever-71. Roofing beams

ence: 2 wds. 2. How sardines are packaged: 3 wds. 3. Ross on "Friends"

4. Gr. on ESPN 5. Util. bill

By ___ (Via)

7. _ tomatoes 8. Cooking oil, to Rachael Ray 9. Bunch 10. 1958 novelty

hit "The Purple People Eater" by Wooley 11. Canadian hockey brothers

Phil or Tony 12. England's famous international airport 13. Accepts the proposal: 2 wds. 19. Rove 22. Jackie _ (England-born Canadian actress who starred on "Road to Avonlea") 24. Resist 28. Financial obligation 30. Archery skill 31. Ink mark on clothing 34. Sly laughs 36. Mr. Estrada of "CHiPs" 38. James A. _ (Pulitzer-winning author in 1948 for Tales of the South Pacific) 39. Family history field 40. Uni + Bi = __ 41. Ms. Russo 42. Smarten up: 2 wds. 46. Bible book, 48. Bunk: 2 wds. 50. Vocalist's interval 51. Margaret Atwood's profession 52. Apt. building managers 55. Vintage record label for Bing Crosby 58. Heal 59. 'Eye' flower 60. Meshworks

61. Coral _

65. Sum, shortly

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

to Brutus

for short

47. Suspire

49. Recognizes

54. Bricks carrier

56. Almond tone

57.April 29th, 2011:

53. Synonyms book,

Aries March 21 - April 20 In the next three weeks, you will be able to attract money. You might find a better-paying job, or you might see a way to make money on the side.

Taurus April 21 - May 21 Buy wardrobe items in the next three weeks, because this is the perfect time to do so. You will enjoy doing this, because you like what you see in the mirror.

Gemini May 22 - June 21 Secret love affairs and flirtations will occur for some in the next few weeks. Others will seek out opportunities to enjoy solitude in beautiful surroundings.

Cancer June 22 - July 23 A friend might become a lover in the next few weeks. Basically, friendships, especially with creative, artistic people, will be warmer.

Leo July 24 - Aug. 23 A romance or a flirtation with your boss is likely in the coming month. Meanwhile, someone will ask you for your creative input in the next few weeks.

Virgo Aug. 24 - Sept. 23 Travel for pleasure will please you in the next three weeks. If you can't travel, enjoy learning something new that expands your horizons.

Libra Sept. 24 - Oct. 23 It will be easier for you to get a mortgage or a loan in the next three weeks. This is also a good time to negotiate financial matters with others.

Scorpio Oct. 24 - Nov. 22 Fair Venus moves opposite your sign today to stay for the next three weeks improving all your relations with close friends and partners. Nice benefit.

Sagittarius Nov. 23 - Dec. 21 Relations with co-workers will improve in the next few weeks. Some of you will get a raise, and most certainly praise for your efforts on the job.

Capricorn Dec. 22 - Jan. 20 If you can slip away on a vacation in the next few weeks, you will love it! Romance, love affairs, playful excursions and the arts will delight you.

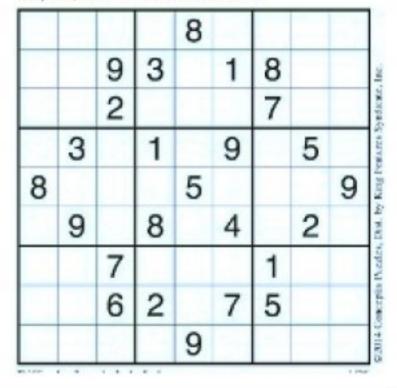
Aquarius Jan. 21 - Feb. 19 Go ahead with redecorating ideas for your home in the next few weeks, because this will please you. This is also a good time to be open to real-estate opportunities.

) Pisces

Feb. 20 - March 20 You can make money from your words in the next three weeks. This is an excellent window of time for those in sales, marketing, teaching, acting and writing. Ka-ching

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



YESTERDAY'S **ANSWERS**

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

0 U 1 C U T C W A V O R	5	a		7				-	100
THE PERSON AND THE PERSON		0	4	3	6	1	2	7	8
[O	1	2	8	7	4	5	6	3	9
	9	3	1	8	7	2	5	4	6
FLS SOL PROM	8	5	6	9	1	4	7	2	3
A P I W S A O L C T T C	4	7	2	6	5	3	9	8	1
	2	8	7	1	3	6	4	9	5
LUNG DANG LANGE	3	1	5	4	9	7	8	6	2
TORE TYPE LAGR	6	4	9	5	2	8	3	1	7



757 Bedford Hwy 902.443.0333 9am-7pm • 7 days/wk

Halifax Airport 902.873.4509 5am-8pm • 7 days/wk clearwater.ca

FRESH HADDOCK FILLETS

WEEKEND RETAIL

\$7.99_{lb}

FRESH STEAMER **CLAMS**

\$3.99_{lb} Reg. \$6.49lb

PREMIUM LOBSTER

SUPER SPECIALS!

\$10.99ы

*Specials in effect April 29th - May 1st while supplies last.

CANADA'S PRICES *50 MODELS*

THE BEST SERVICES AND GUARANTEES ARE ALL INCLUDED!

STILL TIME TO SAVE

HOL 2016



PILLOWTOP

Hi-density foam core reduces motion transfer Stay true comfort layers

QUEEN \$ SET





HI LOFT **PILLOW TOP POCKET COIL**

Luxury firm. A long list of features

SET



QUEEN \$1549 \$699







VIEW ALL THE GREAT DETAILS AND ALL THE PRICES







ALL WEEK TIL 9 **SATURDAY** 9-6 SUNDAY 11-5

CANADA'S Sleep Showcase™

HALIFAX BAYERS LAKE

215 Chain Lake Dr. 902-876-5026 By Tim Hortons Beside STAPLES

DARTMOUTH BURNSIDE

202 Brownlow Ave. 902-481-2114 Four minutes from the Atrium



You can turn the page, but you can't ignore it.

TWO GREAT OFFERS! WITH ZERO DOWN PAYMENT!

Spring into Audi
Sales Event

2016 Audi Q5 2.0 TFSI Quattro Komfort

\$565* per month 48 months

\$2000* Spring Event Credit

No-charge Audi Care
Plus Scheduled Maintenance
for up to 5 years**

2016 Audi A3 2.0 TFSI Quattro Komfort

\$447*
per month 48 months

\$1500* F

No-charge Audi Care
Plus Scheduled Maintenance
for up to 5 years**

Offers end May 2nd.

> Visit audihalifax.com for details.





6077 Columbus Street Halifax, Nova Scotia Telephone 902 453 2834 www.audihalifax.com

*Monthly payments are based on 48 month lease with \$2000/\$1500 Spring Event Credit Applied. Monthly payment does not include HST. Q5 is based on a MSRP of \$46,095 including freight and PDI A3 is based on a MSRP of \$39,845 including freight and PDI 1st month payment, refundable security deposit and registration fees due at signing. Vehicles are subject to prior sale. **Audi Care is a comprehensive service and maintenance plan covering scheduled maintenance at 25,000 km, 40,000 km, 55,000 km and 70,000 km, available on all new and unregistered 2016 Audi models. Credit of \$2000/\$1500 available for the Audi Q5 2.0 TFSI quattro Komfort/Audi A3 2.0 TFSI quattro Komfort. Discount varies by model. Dealer participation is required. Offers and May 2, 2016. Dealer order/trade may be necessary. Dealer may sell or lease for less.